

# 9 To 5

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Nikki Friel  
音樂: 9 To 5 - Dolly Parton



## STEP RIGHT, BEHIND, ¼ RIGHT, FORWARD, PIVOT ¾, STEP LEFT, SHUFFLE BACK

1-2-3-4                      Step right to side, step left behind right, turn ¼ right and step right forward, step left forward  
5-6-7&8                      Pivot ¾ right, step left to left side, shuffle back stepping right-left-right

## MOONWALK STEP BACK, MOONWALK STEP BACK, COASTER, ½ TURN SHUFFLE BACK ½, TURN SHUFFLE FORWARD

1                              Slide and step left back while slightly bending right knee and lifting right heel off floor  
2                              Slide and step right back while slightly bending left knee and lifting left heel off floor  
3&4                            Coaster - step left back, step right beside left, step left forward  
5&6                            Turning ½ left shuffle back stepping right-left-right  
7&8                            Turning ½ left shuffle forward stepping left-right-left

**Optional styling: move hips side to side on the turning shuffles**

## FORWARD, ROCK, BACK, BACK, ROCK, FORWARD, FORWARD, PIVOT, SHUFFLE FORWARD

1&2                            Step right forward, rock back on left, step right back  
3&4                            Step left back, rock forward on right, step left forward  
5-6                            Step right forward, pivot ½ left  
7&8                            Shuffle forward stepping right-left-right

## SCUFF, BRUSH, SHUFFLE, REGGAE ¼ RIGHT TURN

1-2                            Scuff left forward, scuff and brush left across in front of right  
3&4                            Shuffle left forward stepping left-right-left  
5-6-7-8                      Cross right in front of left, step left back, turn ¼ right and step right to side, step left beside right

## REPEAT

## TAG

**On 4th wall dance to count 6 and add 2 counts as follows:**

1-2                            Step right to side and sway right hip, sway left

**And then restart from the beginning**