

Nine Thirty Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Beginner waltz
編舞者: Violet Ray (USA)
音樂: Any medium tempo waltz



FORWARD "WALTZ BASICS"

- 1 Step forward on left foot
- 2 Step right foot beside left foot
- 3 Step left foot beside right foot
- 4 Step forward on right foot
- 5 Step left foot beside right foot
- 6 Step right foot beside left foot

BACK "WALTZ BASICS"

- 1 Step backward on left foot
- 2 Step right foot beside left foot
- 3 Step left foot beside right foot
- 4 Step backward on right foot
- 5 Step left foot beside right foot
- 6 Step right foot beside left foot

"WALTZ BASICS" WITH ¼ TURN LEFT

- 1 Step forward into a ¼ left on left foot
- 2 Step right foot beside left foot
- 3 Step left foot beside right foot
- 4 Step backward on right foot
- 5 Step left foot beside right foot
- 6 Step right foot beside left foot

"WALTZ BASICS" WITH ¼ TURN LEFT

- 1 Step forward into a ¼ left on left foot
- 2 Step right foot beside left foot
- 3 Step left foot beside right foot
- 4 Step backward on right foot
- 5 Step left foot beside right foot
- 6 Step right foot beside left foot

"LUNGE STEPS" RIGHT & LEFT

- 1 Cross left foot in front of right foot and step down on left foot
- 2 Rock weight back on right foot
- 3 Step left foot beside right foot (shoulder width apart)
- 4 Cross right foot in front of left foot and step down on right foot
- 5 Rock weight back on left foot
- 6 Step right foot beside left foot (shoulder width apart)

"LUNGE STEPS" RIGHT & LEFT

- 1 Cross left foot in front of right foot and step down on left foot
- 2 Rock weight back on right foot
- 3 Step left foot beside right foot (shoulder width apart)
- 4 Cross right foot in front of left foot and step down on right foot
- 5 Rock weight back on left foot

6 Step right foot beside left foot (shoulder width apart)

"TURNING BASIC" FORWARD

- 1 Step forward on left foot
- 2 Pivot ½ turn to left on ball of left foot and step right foot beside left foot
- 3 Step left foot beside right foot
- 4 Step backward on right foot
- 5 Step left foot beside right foot
- 6 Step right foot beside left foot

FORWARD TWINKLES

- 1 Step left foot forward and across right foot
- 2 Step right foot beside left foot
- 3 Step left foot beside right foot (shoulder width apart)
- 4 Step right foot forward and across left foot
- 5 Step left foot beside right foot
- 6 Step right foot beside left foot

REPEAT
