

9 Outta 10

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Gaye Teather (UK)
音樂: 9 Times Out Of 10 - Cliff Richard



Sequence: AB, AB, AAB, AB, AAB, AB etc to end. When using the Dan Seals track just dance steps 1-64 consistently throughout

SECTION A

RIGHT AND LEFT TOE STRUTS BACK, RIGHT ¼ MONTEREY TURN

- 1-4 Step right toe back, lower right heel, step left toe back, lower left heel
5-6 Touch right toe to right side, on ball of left foot pivot ¼ turn right stepping right beside left
7-8 Touch left toe to left side, step left beside right

RIGHT AND LEFT TOE STRUTS BACK, RIGHT ¼ MONTEREY TURN

- 9-16 Repeat steps 1-8

SIDE, TOGETHER, CROSS HOLD, LEFT COASTER TURNING ¼ RIGHT, HOLD

- 17-20 Step right to right side, close left to right, cross right over left, hold
21-24 Make ¼ turn right stepping back on left, close right to left, step forward left, hold

SIDE, TOGETHER, CROSS, HOLD, JAZZ JUMP BACK, HIP BUMPS, HOLD

- 25-28 Step right to right side, close left to right, cross right over left, hold
&29 Jump back left, right
30-32 Bump hips right and left and hold for 1 count

SECTION B

RIGHT VINE, STEP FORWARD LEFT, ½ PIVOT TURN RIGHT, STEP FORWARD LEFT, HOLD & CLAP

- 33-36 Step right to right, cross left behind right, step right to right, touch left next to right
37-40 Step forward on left, pivot ½ turn right, step forward on left, hold and clap

RIGHT AND LEFT DIAGONAL LOCK STEPS FORWARD

- 41-44 Step right foot forward on a right diagonal, lock left behind right, step right foot forward on a right diagonal, touch left next to right
45-48 Step left foot forward on a left diagonal, lock right behind left, step left foot forward on a left diagonal, touch right next to left

DIAGONAL COASTER CROSS STEPS TRAVELING BACKWARDS, JAZZ JUMP BACK, HOLD, RIGHT KNEE POP, HOLD

- 49-52 Step right foot back on a right diagonal, close left to right, cross right over left, hold (body should be angled slightly left)
53-56 Step left foot back on a left diagonal, close right to left, cross left over right (body angled slightly right)
57-60 Repeat steps 49-52
&61-62 Jump back left and right with feet slightly apart, hold for 1 count
63-64 Pop right knee across left, hold for 1 count

REPEAT