

# Nights And Days

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Audrey Watson (SCO)  
音樂: Oh Carol - Smokie



Start dance as soon as they start singing

## WALK, WALK, WALK, LOCK STEP, MAMBO STEP, SHUFFLE STEP BACK

1&2      Walk forward on right, left, right (small steps)  
3&4      Step forward on left, lock right behind left, step forward on left  
5&6      Rock forward on right, rock back on left, step right next left  
7&8      Step back on left, step right next left, step back on left

## BACK TURN CROSS, CHASSE LEFT, BACK ROCK SIDE, BEHIND SIDE CROSS

1&2      Rock back on right, turn  $\frac{1}{4}$  turn right stepping left to left/side, cross right over left  
3&4      Step left to left/side, step right next left, step left to left/side  
5&6      Rock back on right, rock forward on left, step right to right/side  
7&8      Cross left behind right, step right to right/side, cross left over right

## BACK TURN STEP, LOCK STEP, MAMBO STEP, $\frac{3}{4}$ TURN SHUFFLE

1&2      Rock right to right/side, turn  $\frac{1}{4}$  turn left stepping forward on left, step forward on right  
3&4      Step forward on left, lock right behind left, step forward on left  
5&6      Rock forward on right, back on left, step right next left  
7&8      Make a  $\frac{3}{4}$  turn shuffle left stepping, left, right, left

## FORWARD BACK POINT, POINT SIDE $\frac{1}{4}$ FLICK, SHUFFLE FORWARD, STOMP TURN HITCH

1&2      Rock forward on right, rock back on left, point right to right/side  
3&4      Point right toe across left, point right toe to right/side,  $\frac{1}{4}$  turn left flicking right back  
5&6      Shuffle forward on right, left, right  
7&8&      Stomp forward on left, bounce heels twice while making a  $\frac{1}{4}$  right, hitch right foot across left shin

## REPEAT

## TAG

When using the music Oh Carol by Smokie, add the following at the end of Walls 1 & 2

## HEEL HITCH, HEEL HITCH

1&2&      Touch right heel forward, hitch right across left twice