

Night Shift Boogie

COPPER KNOB
STEPSHEETS

拍數: 44 牆數: 4 級數: Beginner
編舞者: Nancy Morgan (USA)
音樂: The Night Shift - Aaron Tippin



HEEL, CROSS, HEEL, TOGETHER, MONTEREY TURN

1-2 Put right heel forward, cross right over left
3-4 Put right heel forward, put right next to left
5-6 Put right toe out to right side, put right next to left and swing left ½ right
7-8 Touch left toe out to left side, stomp left next to right

STEP RIGHT, TOGETHER, STEP RIGHT, BRUSH, VINE LEFT WITH ¼ TURN, STOMP

1-2 Step right to right side, step left next to right
3-4 Step right to right side, brush left forward
5-6 Step left to left side, step right behind left
7-8 Step left to left side turning ¼ left, stomp right next to left

HEEL, TOGETHER, TOE, TOGETHER, HEEL, TOGETHER, STOMP TWICE

1-2 Put left heel forward, put left next to right
3-4 Put right toe back, put right next to left
5-6 Put left heel forward, put left next to right
7-8 Stomp right next to left twice

STEP, TURN, STEP, TURN, BOUNCE TWICE FORWARD, BOUNCE TWICE BACK

1-2 Step forward on right, turn ½ left
3-4 Step forward on right, turn ½ left
5-6 Step slightly forward on right bouncing right hip two times
7-8 Bounce left hip two times

ROLL HIPS FOR FOUR COUNTS

1-4 Roll hip forward and back for four counts

JUMP OUT, CROSS, TURN, CLAP, JUMP OUT, CROSS, TURN, CLAP

1-2 Jump out with both feet (shoulder width apart), jump cross right over left
3-4 Unwind or turn ½ left, clap
5-6 Jump out with both feet (shoulder width apart), jump cross right over left
7-8 Unwind or turn ½ left, clap

REPEAT
