

Night Life

拍數: 80 牆數: 0 級數:
編舞者: Elizabeth Whittaker
音樂: I Love the Nightlife - Scooter Lee



- 1-4 Right heel 45 degrees, right toe across left foot, right heel 45 degrees, hitch right leg to side, slap right heel with right hand.
- 5-8 Step forward right, hitch left, slap left knee with right hand, step back on left foot, lift right foot behind left leg, slap right heel with left hand.
- 9-12 Vine right, touch left together.
- 13-16 Left heel 45 degrees, left toe across right foot, left heel 45 degrees, hitch left leg to side, slap left heel with left hand.
- 17-20 Step forward left, hitch right, slap right knee with left hand, step back on right foot, lift left foot behind right leg, slap left heel with right hand.
- 21-24 Vine left, touch right together.
- 25-28 Shuffle forward right-left-right, shuffle forward left-right-left, (turning body)
- 29-32 Step right foot forward, pivot ½ turn left, step right foot forward, pivot ½ turn left.
- 33-36 Vine right, scuff left.
- 37-40 Vine left, scuff right.
- 41-44 Point right to side, place right toe behind left foot, turn ½ turn to right, clap.
- 45-48 Fan left heel in, touch right toe to left instep, fan left heel out, touch right heel to left instep, fan left heel in, touch right toe, stomp right next to left.
- 49-52 Fan right heel in, touch left toe to right instep, fan right heel out, touch left heel to right instep, fan right heel in, touch left toe, stomp left next to right.
- 53-56 Right kick ball change, right kick ball change.
- 57-60 Right foot forward, pivot ½ turn left, right next to left, clap.
- 61-64 Fan left heel in, touch right toe to left instep, fan left heel out, touch right heel to left instep, fan left heel in, touch right toe, stomp right next to left.
- 65-68 Fan right heel in, touch left toe to right instep, fan right heel out, touch left heel to right instep, fan right heel in, touch left toe, stomp left next to right.
- 69-72 Right kick ball change, right kick ball change.
- 73-76 Right foot forward, clap, turn ¼ turn left, clap.
- 77-80 Tap right toe behind left heel, scuff right foot and hitch 45 degrees, slap outside right knee with right hand, step right next to left.

REPEAT