

Night Basics (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Johanna Barnes (USA) & Jeff Staebner
音樂: Complicated - Carolyn Dawn Johnson



Position: Basic, Closed position, man on the inside facing OLOD, lady on the outside facing ILOD

MAN

BASIC, UNDERARM TURN, BASIC

- 1-2& Left step to left side, right rock back, left recover in place
- 3-4& Right step to right side, left rock back arms (lift left arm up, to prep turn), right recover in place
- 5-6& Left step to left side (guide turn with right), right rock back, left recover in place (back to closed position)
- 7-8& Right step to right side, left rock back (drop left arm), right recover in place

OPEN TOSSES, BASIC

- 1-2& Left step to left side (place left under lady's, on back), right rock back opening body slightly, left recover in place (drop left)
- 3-4& Right step to right side (place right under lady's, on back), left rock back opening body slightly, right recover in place (drop right)
- 5-6& Left step to left side (place left under lady's, on back), right rock back opening body slightly, left recover in place
- 7-8& Right step to right side (back to closed position), left rock back (lift left arm up, to prep turn), right recover in place

UNDERARM TURN, BASIC, TRAVELING LEFT SIDE PASS, BASIC

- 1-2& Left step to left side (guide turn with right), right rock back, left recover in place (back to closed position)
- 3-4& Right step to right side, left rock back, right recover in place
- 5-6& Left step 1/8 right bringing lady with you (closed position), right step traveling LOD, left cross over right
- 7-8& Right step to right side, left rock back, right recover in place

TRAVELING LEFT SIDE PASS, BASIC, UNDERARM TURN, BASIC

- 1-2& Left step 1/8 right bringing lady with you (closed position), right step (traveling reverse line of dance), left cross over right
- 3-4& Right step to right side, left rock back (lift left arm up, to prep turn), right recover in place
- 5-6& Left step to left side (guide turn with right), right rock back, left recover in place (pick up both hands at waist)
- 7-8& Right step to right side, left rock back, right recover in place

WRAP, OUT, WRAP, SWITCH SIDES

- 1-2& Left step in place (left arm up to turn, right at waist), right rock back turning lady to the left to right side (wrapped position), left recover in place
- 3-4& Right step in place sending lady back out to the right (left arm up to turn), left rock back (both hands at waist level), right recover in place
- 5-6& Left step in place (left arm up to turn, right at waist), right rock back turning lady to the left to right side (wrapped position), left recover in place
- 7-8& Right step in place sending lady to left side (side by side), left rock back, right recover in place

SWITCH SIDES, OUT, UNDERARM TURN, BASIC

- 1-2& Left step in place sending lady to right side (side by side), right rock back, left recover in place (lift left arm up to turn)
- 3-4& Right step in place sending lady back out to the right, left rock back (closed position, but left arm up to prep), right recover in place
- 5-6& Left step to left side (guide turn with right), right rock back, left recover in place
- 7-8& Right step to right side (closed position), left rock back, right recover in place

REPEAT

LADY

BASIC, UNDERARM TURN, BASIC

- 1-2& Right step to right side, left rock back, right recover in place
- 3-4& Left step to left side, right rock back, left recover in place
- 5-6& Right step $\frac{1}{4}$ right, step left forward, right pivot turn $\frac{3}{4}$ right, facing partner (weight on right)
- 7-8& Left step to left side, right rock back, left recover in place

OPEN TOSSES, BASIC

- 1-2& Right step $\frac{1}{4}$ left (facing RLOD), left rock back, right recover preparing to turn
- 3-4& Left step $\frac{1}{2}$ right (facing LOD), right rock back, left recover preparing to turn
- 5-6& Right step $\frac{1}{2}$ left (facing RLOD), left rock back, right recover preparing to turn
- 7-8& Left step $\frac{1}{4}$ right (facing partner), right rock back, left recover in place

UNDERARM TURN, BASIC, TRAVELING LEFT SIDE PASS, BASIC

- 1-2& Right step $\frac{1}{4}$ right, step left forward, right pivot turn $\frac{3}{4}$ right facing partner (weight on right)
- 3-4& Left step to left side, right rock back, left recover in place
- 5-6& Right step across and pivot $\frac{1}{2}$ left, left step to left side, right cross over left (traveling LOD)
- 7-8& Left step to left side, right rock back, left recover in place

TRAVELING LEFT SIDE PASS, BASIC, UNDERARM TURN, BASIC

- 1-2& Right step across and pivot $\frac{1}{2}$ left, left step to left side, right cross over left (traveling RLOD)
- 3-4& Left step to left side, right rock back, left recover in place
- 5-6& Right step $\frac{1}{4}$ right, step left forward, right pivot turn $\frac{3}{4}$ right, facing partner (weight on right)
- 7-8& Left step to left side, right rock back, left recover in place

WRAP, OUT, WRAP, SWITCH SIDES

- 1-2& Right pivot $\frac{1}{2}$ left (left side to partner's right side), left rock back, right recover in place
- 3-4& Left pivot $\frac{1}{2}$ right (facing partner), right rock back, left recover in place
- 5-6& Right pivot $\frac{1}{2}$ left (side by side with partner), left rock back, right recover in place
- 7-8& Left step left side (right side to partner's left side), right rock back, left recover in place

SWITCH SIDES, OUT, U-ARM TURN, BASIC

- 1-2& Right step to right side (left side to partners' right side), left rock back, right recover in place
- 3-4& Left pivot $\frac{1}{2}$ right (facing partner), right rock back, left recover in place
- 5-6& Right step $\frac{1}{4}$ right, step left forward, right pivot turn $\frac{3}{4}$ right, facing partner (weight on right)
- 7-8& Left step to left side, right rock back, left recover in place

REPEAT
