

Night & Day

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Patrick Latendresse (CAN)
音樂: Sure Feels Real Good - Michael Peterson



TOE HEEL STRUTS (SIDE, CROSS & ¼ TURN RIGHT)

- 1-2 Touch right toes to side, step down on the right foot
- 3-4 Touch left toes over right, step down on the left foot
- 5-6 Start ¼ turn right with a right toes touch, step down on the right foot
- 7-8 Touch left toes forward, step down on left foot

HEEL TOUCHES, CROSS, UNWIND (½ TURN LEFT), DOROTHY STEP LEFT, TOUCH

- 1&2 Touch (tap) right heel forward, stepping back on right next to left, touch (tap) left heel forward
- &3 Step on ball of left next to right, cross right foot over left
- 4 Unwind (½ turn to left), weight on the right foot
- 5-6 Step forward 45 degrees to left with the left foot, lock right foot behind left
- &7 Step on the ball of left to left side, step forward diagonally to right on right
- 8 Touch left toes beside right

FORWARD AND BACK ROCK-STEP, FORWARD ¾ TURN RIGHT, CROSS, STEP

- 1-2-3-4 Rock forward on left, back onto right, rock backward on left, back onto right
- 5-6 Step forward on left do a ¾ turn to right, step right foot to the right side
- 7-8 Cross left foot over the right, step on right to the right side

SWITCHING TOE HEEL, HEEL TOUCH, TOE TOUCH, STEP (¼ TURN RIGHT), CROSS

- 1-2 Touch left toes (in) beside right, touch left heel (out) beside right
- &3 Stepping back left next to right, touch right toes(in)beside left
- 4 Touch right heel (out) beside left
- &5 Stepping back right next to left, touch left heel forward
- &6 Stepping back left next to right, touch right toes to back
- 7-8 Step down on right with ¼ turn right, cross left foot over right, weight on left

REPEAT
