

Nifty Fifty

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Adrian Churm (UK)
音樂: Fifty & Greyin' - Dave Sheriff



WALK FORWARD, RIGHT LOCK STEP, ROCK STEP, SHUFFLE ½ LEFT

1-2 Step forward right, step forward left
3&4 Step forward right, lock left behind right, step forward right
5-6 Rock forward on left, rock back onto right
7&8 Shuffle ½ turn left, stepping - left, right, left

WALK FORWARD, TOE TAPS, BACK LOCK STEP, COASTER STEP

9-10 Step forward right, step forward left
11 Tap right toe behind left heel
&12 Tap right toe diagonally back right, tap right toe behind left heel
13&14 Step back right, lock left over right, step back right
15&16 Step back left, step right beside left, step forward left

¾ TURN CHUG, SYNCOPATED WEAVE LEFT, ROCK RECOVER

& Bring right foot in beside left, weight remains on left
17&18 Make ¾ turn left touching right toe out, in, out to right side
19-20 Cross right over left, step left to left side
21&22 Cross right behind left, step left to left side, cross right over left
23-24 Rock to left side on left, rock onto right in place

CROSS SHUFFLE, HEEL TAPS, COASTER STEP, LEFT SHUFFLE FORWARD

25&26 Cross left over right, step right to right side, cross left over right
27 Touch right heel diagonally forward
&28 Touch right toe to left instep, touch right heel diagonally forward
29&30 Step back right, step left beside right, step forward right
31&32 Step forward left, close right beside left, step forward left

REPEAT
