

Nifty Fifty

COPPER KNOB
BY STEPHEN BATES

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Going the Distance - Chad Brock



RIGHT KICK-BALL-CROSS, UNWIND, SIDE TOUCH, CROSS, CORKSCREW TO THE LEFT, ROMP

- 1&2 Kick right foot forward; step on ball of right foot next to left; cross left foot over right and step
3-4 Unwind $\frac{1}{2}$ turn to the right (weight on left foot); touch right toe to the right
5-6 Cross right foot over left; corkscrew one full turn to the left ending up with left foot over right
(weight on left foot)
&7 Step back diagonally and to the right onto ball of right foot; touch left heel forward
&8 Step left foot to home; touch right foot next to left

RIGHT KICK-BALL-CHANGE, MODIFIED MONTEREY TURN, MODIFIED PIVOT TURN TO THE LEFT, SYNCOPATED HEEL SWIVELS

- 9&10 Kick right foot forward; step on ball of right foot next to left; shift weight onto left foot
11 Touch right toe to the right
& Pivot $\frac{1}{4}$ turn to the right on ball of left foot and step right foot next to left
12 Touch left toe to the left
& Step left foot next to right
13-14 Step forward on right foot; pivot $\frac{1}{4}$ turn to the left on ball of right foot and shift weight to left
foot
15&16 Swivel heels to the left; swivel heels to the right; swivel heels to center and shift weight to left
foot

ROCK STEP, PIVOT, FORWARD SHUFFLE, PIVOT, SHUFFLE BACK, ROCK STEP

- 17-18 Step forward on right foot; rock back onto left foot
& Pivot $\frac{1}{2}$ turn to the right on ball of left foot
19&20 Shuffle forward (right, left, right)
& Pivot $\frac{1}{2}$ turn to the right on ball of right foot
21&22 Shuffle back (left, right, left)
23-24 Step back on right foot; rock forward onto left foot

FORWARD STEPS, TOE TOUCHES, SYNCOPATED TOE TOUCHES

- 25-26 Step forward on right foot; touch left toe to the left
27&28 Touch left toe next to right foot; touch left toe to the left; touch left toe next to right foot
29-30 Step forward on left foot; touch right toe to the right
31&32 Touch right toe next to left foot; touch right toe to the right; touch right toe next to left foot

REPEAT
