

Nicks Tricks

拍數: 56 牆數: 0 級數:
編舞者: Nicky Capper
音樂: Unknown



RIGHT FORWARD SIDE BEHIND TURN (REPEAT)

- 1 Touch right toe forward
- 2 Touch right toe to right side
- 3 Touch right toe behind left
- 4 Unwind $\frac{1}{2}$ turn over right shoulder
- 5-8 Repeat counts 1-4

LEFT VINE WITH $\frac{1}{2}$ TURN LEFT AND DUCKWALKS

- 9 Step left to left side
- 10 Cross right behind left
- 11 Step left to left side
- 12 Swing right over left making $\frac{1}{2}$ turn left
- 13 With weight on balls of both feet move heels to the right
- 14 Transfer weight on to heels, and move toes right
- 15 Transfer weight on to toes, and move heels right
- 16 Transfer weight on to heels and move toes right

ELECTRIC JUMPS

- & Hop back on right foot
- 17 Touch left heel forward
- 18 Hold for 1 beat of music
- & Hop left foot in to place
- 19 Touch right toe in to place next to left
- 20 Hold for 1 beat of music
- & Hop back on right foot
- 21 Touch left heel forward
- & Hop left foot in to place
- 22 Touch right toe in to place next to left
- & Hop back on right foot
- 23 Touch left heel forward
- & Hop left foot in to place making $\frac{1}{4}$ turn left
- 24 Touch right toe in to place next to left

ROCK FORWARD BACK, TURNING CHA-CHA-CHA. ROCK FORWARD BACK, TURNING CHA-CHA-CHA

- 25 Rock forward on to right foot
- 26 Rock back on to left foot
- 27&28 Cha-cha-cha making $\frac{1}{2}$ turn right
- 29 Rock forward on to left foot
- 30 Rock back on to right foot
- 31&32 Cha-cha-cha making $\frac{1}{2}$ turn left

ROCK, ROCK, DOUBLE TIME VINE. ROCK, ROCK DOUBLE TIME VINE

- 33 Rock right foot to right side
- 34 Rock in place on left
- 35 Cross right foot behind left
- & Step left foot to left side

36 Cross right foot in front of left
37 Rock left foot to left side
38 Rock right foot in place
39 Cross left foot behind right
& Step right foot to right side
40 Cross left foot in front of right

KICK KICK, CROSS ½ TURN, AND NICKY'S TWISTER RIGHT

41-42 Kick right foot forward twice
43 Cross right over left
44 Unwind ½ turn left
45 With weight on left heel, move left toe to right side, at the same time touch right heel down in place, pointing right toe diagonally forward to the right
& Transfer weight on to left toe, and move left heel to the right, and lift right leg
45-48& Repeat counts 45& three times

JUMP APART ACROSS ½ TURN & TWO TOE STRUTS

49 Jump both feet apart
50 Jump feet together crossing right in front of left
51 Unwind ½ turn left
52 Pause for 1 beat of music
53 Step forward on right toe
54 Slap heel down
55 Step forward on left toe
56 Slap left heel down

REPEAT
