

Nickels And Dimes

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Pat Stott (UK)
音樂: Three Nickels and a Dime - Ricky Lynn Gregg



SYNCOPATED GRAPEVINE RIGHT, POINT, CROSS, UNWIND, SWIVET

- 1-2 Step to right side on right foot, cross left foot behind right foot
&3- Step right foot to right side cross left foot over right foot
4-5 Point right toe to right side, cross right foot over left foot
6 Unwind ½ turn to left (weight ends on right foot)
7-8 With weight on left heel and right toe swivet both toes to the left, return both toes to center

SYNCOPATED GRAPEVINE TO RIGHT, POINT, CROSS, UNWIND, SWIVET

- 9-16 Repeat steps 1-8
A double swivet to left (one beat) can replace the single swivet on steps: 7 & 8 and 15 & 16

HEEL, TOGETHER, HEEL, TOGETHER, MONTEREY TURN

- 17-18 Touch right heel forward, close right foot next to left foot
19-20 Touch left heel forward, close left foot to right foot
21-22 Tap right toe to right side, turn ½ turn to the right and close right foot to left foot
23-24 Tap left toe to left side, close left foot to right foot

SYNCOPATED CHASSE TO RIGHT, GRAPEVINE TO LEFT WITH ¼ TURN, SCUFF

- 25-26 Step right foot to right side, hold and clap hands
& Close left foot to right foot
27-28 Step to right foot to right side, hold and clap hands
29-30 Step left foot to left side, cross right foot behind left foot
31-32 Step left foot to left side and turn ¼ to the left, scuff right heel next to left foot
A 1 ¼ rolling vine to left can be danced to replace the grapevine to left with ¼ turn (steps 29-32)

CHARLESTON, ½ TURN TO LEFT

- 33-34 Step forward on right foot, kick left foot forward
35-36 Step back on left foot, point right toe behind left foot
37-38 Step forward on right foot, kick left foot forward
39-40 Point left toe behind right foot, turn ½ turn to left transferring weight forward onto left foot
41-48 Repeat steps 33-40

SIDE, ROCK, CLOSE, SIDE, ROCK, CLOSE, SWITCHES, HOLD AND CLAP CLOSE

- 49-50 Step right foot to right side, rock in place on left foot
& Close right foot to left foot
51-52 Step left foot to left side, rock in place on right foot
& Close left foot to right foot
53& Touch right heel forward, close right foot to left foot
54& Touch left heel forward, close left foot to right foot
55-56 Touch right heel forward, hold and clap hands
& Close right foot to left foot

SWITCH, HOLD, SWITCH, HOLD, FORWARD, ½ PIVOT TO RIGHT, STOMP LEFT, STOMP RIGHT

- 57-58 Touch left heel forward, hold
& Close left foot to right foot
59-60 Touch right heel forward, hold

& Close right foot to left foot
61-62 Step forward on left foot, pivot ½ turn to right (transferring weight to right foot)
63-64 Stomp left foot next to right foot, stomp right foot next to left foot

KNEE POPS X 4

65-66 Raise left heel, lower left heel and raise right heel
67-68 Lower right heel and raise left heel, lower left heel and raise right heel

REPEAT
