

Nickels & Dimes

拍數: 64 牆數: 2 級數:
編舞者: Pat Labor (CAN)
音樂: Three Nickels and a Dime - Ricky Lynn Gregg



CROSS & POINT TWICE, ½ JAZZ BOX, 2 STOMPS

- 1-2 Right foot steps in front of left, point left to left side
- 3-4 Left foot steps in front of right, point right to right side
- 5-6 Right foot steps in front of left, step back with left
- 7-8 Two stomps on right

TWO JUMPING JACKS, ½ TURN EACH

- 9-12 Jump feet apart, jump & cross right over left, unwind ½ left to face back
- 13-16 Repeat 9-12

SLAPS, CLAPS, ROCK RECOVER & TURN ½

- 17-20 Brush hands back on hips, forward on hips, clap twice
- 21-24 Rock forward on right, recover on left, step back on right to turn ½ turn right, step left beside right
- 25-32 Repeat 17-24 to face original wall

DOG PADDLES

- 1-4 Step back on right, chug back on right, step back on left, chug back on left
- 5-8 Repeat 1-4

For styling, keep knees turned out as you chug & step one foot directly behind the other

FAST WALKS, ROCK RECOVER WITH ¼ TURN, SLAP LEATHER

- 9-12 Four fast walks forward (right left right left)
- 13-16 Slow rock forward on right, recover on left with ¼ turn left
- 17-20 Bend right foot behind left knee, slap with left, touch it down, cross right in front of left knee, slap with left hand, touch right foot to right side
- 21-32 Repeat 9 -12 to face back wall

REPEAT
