

Nickajack

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Stella Cabeza (USA)
音樂: Nickajack - River Road



HEEL TAPS WITH KNEE HITCHES, ROCK-STEP, STOMP, TOGETHER

1-2 Tap right heel forward; hitch right knee up
3-4 Tap right heel forward; hitch right knee up
5-6 Rock-step right foot to right side; rock onto left to left side
7-8 Stomp right beside left; clap hands.

HEEL TAPS WITH KNEE HITCHES, ROCK-STEP, STOMP, TOGETHER

9-10 Tap left heel forward; hitch left knee up
11-12 Tap left heel forward; hitch left knee up
13-14 Rock-step left foot to left side; rock onto right to right side
15-16 Stomp left beside right; clap hands.

DOUBLE STRAIGHT VINE RIGHT

17-18 Step right to right side; cross-step left behind right
19-20 Step right to right side; cross-step left over right
21-22 Step right to right side; cross-step left behind right
23-24 Step right to right side; step left beside right.

KICK, CROSS-STEP, ROCK-STEP (TRAVELING DIAGONALLY FORWARD)

25-26 Kick right foot forward; cross-step right over left
27-28 Rock back on left; rock forward onto right
29-30 Kick left foot forward; cross-step left over right
31-32 Rock back on right foot; rock forward onto left.

KICK, CROSS-STEP, ROCK-STEP (TRAVELING DIAGONALLY FORWARD)

33-34 Kick right foot forward; cross-step right over left
35-36 Rock back on left, rock forward onto right
37-38 Kick left foot forward; cross-step left over right
39-40 Rock back on right; rock forward onto left.

PIVOT TURN, FORWARD STEPS, STEPS WITH HITCHES AND SCOOTERS

41-42 Step right foot forward; pivot ½ turn left stepping on left
43-44 Step right foot forward; step left foot forward
45-46 Step right forward; hitch left knee and scoot forward on right foot
47-48 Hitch right knee; scoot forward on left foot.

VINE RIGHT WITH FULL TURN, VINE RIGHT WITH ¼ TURN

49-50 Step right to right side; cross-step left behind right
51-52 Step ½ turn right on right foot; step ½ turn right on left foot
53-54 Step right to right side; cross-step left behind right
55-56 Turning ¼ right, step on right foot; step left together.

REPEAT