

# Nickajack

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Gloria Johnson (USA)  
音樂: Nickajack - River Road



## RIGHT HEEL AND TOE TOUCHES

- 1-2                      Tap right heel forward twice
- 3-4                      Tap right toe back twice
- 5-6                      Tap right heel forward once; cross-touch right toe over left foot
- 7-8                      Tap right heel forward once; step right foot beside left.

## LEFT HEEL AND TOE TOUCHES

- 9-10                     Tap left heel forward twice
- 11-12                    Tap left toe back twice
- 13-14                    Tap left heel forward once; cross-touch left toe over right foot
- 15-16                    Tap left heel forward once; step left foot beside right.

## STEP-SLIDE, STEP-JUMP

- 17-18                    Step right foot forward; slide left foot to right
- 19-20                    Step right foot forward; jump forward landing on both feet.

## "NICKAJACK" STEP (AKA APPLEJACKS)

- 21                      With weight on right toe and left heel, swivel right heel and left toe to the left
- 22                      With weight still on right toe and left heel, swivel right heel and left toe back to home position
- 23                      Switching weight to right heel and left toe, swivel right toe and left heel to the right
- 24                      With weight still on right heel and left toe, swivel right toe and left heel back to home position
- 25                      Switching weight to right toe and left heel, swivel right heel and left toe to the left
- 26                      With weight still on right toe and left heel, swivel right heel and left toe back to home position
- 27                      Switching weight to right heel and left toe, swivel right toe and left heel to the right
- 28                      With weight still on right heel and left toe, swivel right toe and left heel to the right.

Each swivel is done on a bass count rather than on the half-count. Dancers who do applejacks double time may do so as a variation to the printed steps.

## JAZZ BOX WITH ½ TURN; STEP-SLIDE, STEP-JUMP

- 29-30                    Cross-step right foot over left; step left foot back
- 31-32                    Spinning ½ turn right, step on right foot; step left foot beside right
- 33-34                    Step right foot forward; slide left foot to right
- 35-36                    Step right foot forward; jump forward on both feet.

## "NICKAJACK" STEP (AKA APPLEJACK STEP)

- 37                      With weight on right toe and left heel, swivel right heel and left toe to the left
- 38                      With weight still on right toe and left heel, swivel right heel and left toe back to home position
- 39                      Switching weight to right heel and left toe, swivel right toe and left heel to the right
- 40                      With weight still on right heel and left toe, swivel right toe and left heel back to home position
- 41                      Switching weight to right toe and left heel, swivel right heel and left toe to the left
- 42                      With weight still on right toe and left heel, swivel right heel and left toe back to home position
- 43                      Switching weight to right heel and left toe, swivel right toe and left heel to the right
- 44                      With weight still on right heel and left toe, swivel right toe and left heel to the right.

Each swivel is done on a bass beat rather than on the half-count. The double-time version can be done here.

## JAZZ BOX WITH ¼ TURN

- 45-46                    Cross-step right foot over left; step left foot back

47-48

Turning  $\frac{1}{4}$  right, step on right foot; step left foot beside right.

**REPEAT**

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