

Nick Of Time

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Heather Frye (CAN)
音樂: One Love - Blue



TOUCH RIGHT FORWARD, HOME, TAP RIGHT TO RIGHT CORNER, REPEAT RIGHT TAP, STEP ONTO RIGHT, TOUCH LEFT FORWARD, HOME, TAP LEFT TO LEFT CORNER, REPEAT LEFT TAP, STEP ONTO LEFT

1-2 Touch right foot forward, touch right foot beside left
3&4 Tap right foot slightly toward right corner, tap right foot a bit further toward the right corner, step onto right foot
5-6 Touch left foot forward, touch left foot beside right
7&8 Tap left foot slightly toward left corner, tap left foot a bit further toward the left corner, step onto left foot

ROCK RIGHT FORWARD, RECOVER LEFT, WALK BACK RIGHT, LEFT, RIGHT, TURN RIGHT AND SNAP, RECOVER FORWARD ONTO LEFT, TOUCH RIGHT BESIDE LEFT

1-2 Rock forward onto right foot, recover back onto left foot
3-4 Walk back right, left
5-6 Step back onto right, turn upper body right (slightly more than a ¼ turn) and snap out from the waist toward the back wall
7-8 Recover weight forward onto left, touch right beside left

STEP ¼ TURN LEFT, BUMP LEFT, RIGHT, LEFT - REPEAT

1-2 Step right forward, turn a ¼ left keeping weight on right foot
3&4 Bump hips left, right left
5-6 Step right forward, turn a ¼ left keeping weight on right foot
7&8 Bump hips left, right left

TOUCH RIGHT FORWARD, TOUCH LEFT FORWARD, SHUFFLE FORWARD RIGHT, LEFT, RIGHT, TOUCH LEFT FORWARD, TOUCH RIGHT FORWARD, SHUFFLE FORWARD LEFT, RIGHT, LEFT

1&2& Touch right forward, step right beside left, touch left forward, step left beside right
3&4 Shuffle forward right, left, right
5&6& Touch left forward, step left beside right, touch right forward, step right beside left
7&8 Shuffle forward left, right, left

REPEAT
