

Nicht Ein Waltz

拍數: 64 牆數: 2 級數: Intermediate social cha
編舞者: Bonnie Newcomer (USA)
音樂: Tennessee Waltz (Party Mix) - Ireen Sheer



- 1-4 Rock for side to side with hips sways: right-left-right-left
5&6 Right sailor shuffle (right-left-right) behind - side - side
7&8 Left sailor shuffle (left-right-left) behind - side - side
- 9&10 Right kick ball change (right-right-left)
11&12 Right kick ball change (right-right-left)
13-14-15 Right heel tap (3x)
16 Right hook across left shin ¼ turn right (to the right)
- 17&18 Right shuffle forward (right-left-right)
19&20 Left shuffle forward (left-right-left)
21-22 Right foot lunge rock across left foot, then left foot step down
23-24 Right foot step diagonally back, then left foot touch next to right foot
- 25-26 Left foot lunge rock across right foot, then right foot step down
27-28 Left foot step diagonally back, then right foot touch next to left foot
29-30-31 Right rolling vine (right-left-right) side - behind - side
32 Left foot touch next to right foot
- 33&34 Left shuffle forward (left-right-left)
35&36 Right shuffle forward (right-left-right)
37-38 Left foot lunge rock across right foot, then right foot step down
39-40 Left foot step diagonally back, then right foot touch next to left foot
- 41-42 Right foot lunge rock across left foot, then left foot step down
43-44 Right foot step diagonally back, then left foot touch next to right foot
45-46-47 Left turning vine (left-right-left) side - behind - ¼ turn left
48 Right foot scuff forward
- 49-50 Right foot step across left foot, then left foot step to left side
51&52 Right sailor shuffle (left-right-left) behind - side - side
53-54 Left foot step across right foot, then right foot step back ¼ turn left
55&56 Left shuffle backward (left-right-left)
- 57-58 Right foot rock back, then left foot step down
59 Right foot steps forward (optional: ½ turn left)
60 Left foot steps forward (optional: ½ turn left)
61 Right heel touch forward
&62 Right foot step home & left heel touch forward
&63 Left foot step home & right foot step forward
64 Pivot on left foot ¼ turn left

REPEAT