

Nice N Easy Shuffle

COPPER KNOB
BY STEPHEN T. C.

拍數: 48 牆數: 4 級數: Improver
編舞者: Toni Posner (USA)
音樂: Go Away - Lorrie Morgan



SHUFFLE FORWARD, ROCK STEP

1 Step forward on right
& Step left next to right
2 Step forward on right
3 Step forward on left
& Step right next to left
4 Step forward on left
5 Rock forward on right
6 Rock back on left

SHUFFLE BACK, ROCK STEP

7&8 Step back on right, step left next to right, step back on right
9&10 Step back on left, step right next to left, step back on left
11 Rock back on right
12 Rock forward on left

PIVOT TURNS, STOMPS

13 Step forward on right
14 Pivot ½ turn left
15 Step forward on right
16 Pivot ½ turn left
17 Stomp right foot next to left
18 Stomp left foot in place

SHUFFLES RIGHT, ROCK STEP

19 Step right to right side
& Step left next to right
20 Step right to right side
21 Cross left over right
& Step right to right side
22 Cross left over right
23 Step right to right side
& Step left next to right
24 Step right to right side
25 Rock back on left
26 Rock forward on right

PIVOT TURNS, STOMPS

27 Step forward on left
28 Pivot ½ turn right
29 Step forward on left
30 Pivot ½ turn right
31 Stomp left foot next to right
32 Stomp right foot in place

SHUFFLES LEFT, ROCK STEP

- 33 Step left to left side
- & Step right next to left
- 34 Step left to left side
- 35 Cross right over left
- & Step left to left side
- 36 Cross right over left
- 37 Step left to left side
- & Step right next to left
- 38 Step left to left side
- 39 Rock back on left
- 40 Rock forward on right

TRIPLE STEPS (DRUNKEN SAILOR)

- 41 Step right to right
- & Step left slightly behind right
- 42 Step on right
- 43 Step left to left
- & Step right slightly behind left
- 44 Step on left
- 45 Step right to right
- & Step left slightly behind right
- 46 Step on right
- 47 Step left to left
- & Step right slightly behind left
- 48 Step on left (making $\frac{1}{4}$ turn right)

REPEAT
