

# Niagra

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Improver  
編舞者: Tony Wilson (USA)  
音樂: What I Used to Do All Night - The Bellamy Brothers



## HEEL & TOE TOUCHES WITH ¼ TURN & HOOK, STEP TOGETHER., SHUFFLE

1&2      Touch right heel forward, step right next to left, touch left toe to side  
&3&      Step left next to right turning ¼ left, touch right toe back, step right next to left  
4&      Touch left heel forward, hook left touching toe across right  
5-6      Step left forward, step right behind left heel (right instep to left heel)  
7&8      Shuffle forward left, right, left

## FORWARD RECOVER, ¾ BACK TURN, ROCK, HIPS FORWARD BACK FORWARD BACK

9-10      Step right forward, recover weight on left  
11-12      Turning ½ right on left step right forward, turning ¼ right step left to side  
&      Rock back on right  
13-14      Step left in place (toe now pointing to 4:30) bumping left hip forward, bump right hip back  
15-16      Bump left hip forward, bump right hip back

## SHUFFLES, CROSS BACK, SHUFFLE TURN

&      Bump left hip forward turning slightly right on left  
17&18      Shuffle forward right, left, right moving diagonally right  
19&20      Shuffle forward left, right, left moving diagonally left  
21-22      Cross right over left, step back on left  
23&24      Shuffle right, left, right turning right (to face 9:00)

## SHUFFLES, CROSS BACK, TURN TOUCH

25&26      Shuffle forward left, right, left  
27&28      Shuffle forward right, left, right  
29-30      Cross left over right, step right back  
31-32      Turning ¼ left step left to left hand side, touch right next to left (facing 6:00)

**Restart here during 3rd repetition.**

## SIDE SHUFFLE BACK RECOVER, RIGHT & LEFT

33&34      Side shuffle right, left, right  
35-36      Step left back and behind right, recover on right  
37&38      Side shuffle left, right, left  
39-40      Step right back and behind left, recover on left

## FORWARD RECOVER, BACK SHUFFLE, HEEL TOUCHES, FORWARD STOMP

41-42      Step right forward, recover on left  
43&44      Shuffle back right, left, right  
&45      Step left back, tap right heel forward  
&46      Step right next to left, tap left heel forward  
&47-48      Step left next to right, step right forward, stomp left next to right

**REPEAT**

**RESTART**

**On the 3rd repetition, dance only the first 32 counts, then restart.**