

The Next One (P)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Stu McGlary & Ann Helmore (UK)
音樂: Hold Me In Your Arms - Brad Paisley



Position: Closed Western, Man facing LOD

MAN'S STEPS

WALK, WALK, SHUFFLE, ROCK STEP, SHUFFLE

1-4 Walk forward left, right, shuffle forward stepping left, right, left
5-8 Rock forward on right, recover weight onto left, shuffle back on right, left, right

LEFT SHUFFLE, ROCK STEP, WALK, WALK (LADY'S TURN), SHUFFLE

9-12 Shuffle back stepping left, right, left, rock back on right, recover weight on left
13-16 Walk right, left, shuffle forward stepping right, left, right

As lady turns take lady's right hand over lady's head rejoin in right wrap

¼ TURN SIDE SHUFFLE, ROCK STEP, SHUFFLE TO RLOD, ROCK STEP

17&18 Turn ¼ turn right to face OLOD, side shuffle stepping left, right, left

Release man's right hand, lady's left

19-20 Rock step right behind left (turning out to face RLOD), recover weight onto left
21&22 Shuffle forward stepping right, left, right
23-24 Step left forward, pivot ½ turn right

Release inside hands, rejoin right palm to right palm

3 SHUFFLES (LADY'S TURN), ROCK STEP

25&26 Shuffle forward (toward LOD) stepping left, right, left
27-30 Shuffle forward right, left, right, shuffle forward left, right, left

Lady turns under raised right hands

31-32 Rock forward on right, recover weight onto left

ROCK STEP (LADY'S TURN) SHUFFLE, STEP PIVOT, WALK, WALK

33-36 Rock back on right, recover weight onto left, shuffle forward stepping right, left, right
37-40 Step forward on left, pivot ½ turn right, walk left, right

Lady on man's left side in cross-hand skaters hold, right hands on top

VINE (LADY'S 3 STEP TURN) & TOUCH, STEP ¼ TURN TOUCH, COASTER STEP

41-44 Step left to left side, step right behind left, step left to left side, touch right next to left

Lady now on man's right side, cross hand skaters hold, right hands on top

45-46 Step ¼ turn to face ILOD on right, touch left next to right

Change to double hand hold

47&48 Step back on left, step right next to left, step forward on left

ROCK ¼ TURN, SHUFFLES TO RLOD, ROCK STEP (LADY'S TURN)

49-50 Rock right to right side, turn ¼ turn to left, step forward on left

Release man's left, lady's' right hands, now holding inside hands

51-54 Shuffle forward stepping right, left, right, shuffle forward stepping left, right, left

55-56 Rock forward on right, recover weight on left

Take hands over lady's head retain hold, man's right hand lady's left hand

SHUFFLE, ROCK STEP (LADY WALKS), TRIPLE STEP TURN, COASTER STEP

57-60 Shuffle back stepping right, left, right, rock back on right, recover weight onto left

61&62 Shuffle ½ turn right stepping left, right, left

Take hands over lady's head during turn, take hold of man's left lady's right
63&64 Step back on right, step left next to right, step forward on right
Rejoin in closed western hold

REPEAT

LADY'S STEPS

WALK, WALK, SHUFFLE, ROCK STEP, SHUFFLE

1-4 Walk back right, left, shuffle back stepping right, left, right
5-8 Rock back on left, recover weight on right, shuffle forward left, right, left

LEFT SHUFFLE, ROCK STEP, WALK, WALK (LADY'S TURN), SHUFFLE

9-12 Shuffle forward stepping right, left, right, rock forward on left, recover weight on right
13-16 Turn ½ turn to left step forward on left, right, shuffle forward stepping left, right, left

As lady turns take lady's right hand over lady's head rejoin in right wrap

¼ TURN SIDE SHUFFLE, ROCK STEP, SHUFFLE TO RLOD, ROCK STEP

17&18 Turn ¼ left to face ILOD, side shuffle stepping right, left, right

Release man's right hand, lady's left

19-20 Rock step left behind right (turning out to face RLOD), recover weight onto right

21&22 Shuffle forward stepping left, right, left

23-24 Rock forward on right, recover weight onto left

Release inside hands, rejoin right palm to right palm

3 SHUFFLES (LADY'S TURN), ROCK STEP

25&26 Shuffle back (toward LOD) stepping right, left, right

27-30 Shuffle ½ turn to left stepping left, right, left, shuffle ½ turn left stepping right, left, right

Lady turns under raised right hands

31-32 Rock back on left, recover weight on right

ROCK STEP (LADY'S TURN) SHUFFLE, STEP PIVOT, WALK, WALK

33-36 Step forward on left, pivot ½ turn right, shuffle stepping left, right, left (into sweetheart position)

37-40 Step forward on right, pivot ½ turn left, walk right, left

Lady on man's left side in cross-hand skaters hold, right hands on top

VINE (LADY'S 3 STEP TURN) & TOUCH, STEP ¼ TURN TOUCH, COASTER STEP

41-44 Full turn to right stepping right, left, right, touch left next to right

Lady now on man's right side, cross hand skaters hold, right hands on top

45-46 Step ¼ turn to face OLOD on left, touch right next to left

Change to double hand hold

47&48 Step back on right, step left next to right, step forward on right

ROCK ¼ TURN, SHUFFLES TO RLOD, ROCK STEP (LADY'S TURN)

49-50 Rock left to left side, turn ¼ turn to right, step forward on right

Release man's left, lady's' right hands, now holding inside hands

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Take hands over lady's head retain hold, man's right hand lady's left hand

SHUFFLE, ROCK STEP (LADY WALKS), TRIPLE STEP TURN, COASTER STEP

57-60 Shuffle forward stepping left, right, left, walk forward right, left

61&62 Shuffle ½ turn left stepping right, left, right

Take hands over lady's head during turn, take hold of man's left lady's right

63&64 Step back on left, step right next to left, step forward on left

Rejoin in Closed Western Hold

REPEAT
