

拍數: 32      牆數: 4      級數:  
編舞者: Barry Amato (USA)  
音樂: No News - Lonestar



## OUT-OUT, IN-IN, HEEL, TOE, HEEL, TOE, ¼ TURN

- &1      Jump out with feet slightly apart stepping left-right
- 2      Clap
- &3      Jump out bringing feet together stepping left-right
- 4      Touch left heel forward and clap
- 5      Touch left toe behind
- 6      Touch left heel forward
- 7      Touch left toe behind
- 8      Pivot ¼ turn to the left placing weight on the left foot and touch right next to left all at the same time.

## STEP, PIVOT ½, STEP, TOUCH, PIVOT ½, PIVOT ½, PIVOT ½, POLKA

- 9      Step forward on the right foot.
- 10      Pivot ½ turn to the left and place weight on left foot
- 11      Step forward on the right foot.
- 12      Bring left foot to the right and touch
- 13      Step out on the left as you do a ½ turn to the left
- 14      On the ball of the left foot, pivot ½ turn to the left and transfer your weight to the right
- 15      On the ball of the right foot, pivot ½ turn to the left, stepping out on the left foot to begin a triple step forward. (counts 15&16 are a triple step traveling forward.)
- &16      Complete triple step by sliding right foot to the left and then stepping out again on the left foot

## STEP RIGHT, TOUCH/SNAP, PIVOT ½, TOUCH/SNAP, KICK, KICK, PIVOT ½, STEP

- 17      Step to the right on the right foot.
- 18      Touch the left next to the right foot and snap your fingers.
- 19      On the ball of the right foot, pivot ½ turn to the right and step out on the left foot.
- 20      Touch the right next to the left foot and snap your fingers.
- 21      Kick the right foot forward.
- 22      Kick the right foot forward again.
- 23      On the ball of the left foot, pivot ½ turn to the left as you kick your right foot behind.
- 24      Step forward on the right foot.

## BACK TWO, COASTER STEP, KICK, KICK, PIVOT ½, STEP

- 25      Walk back on the left foot
- 26      Walk back on the right foot
- 27      Walk back on the left foot.
- &28      Walk back on the right foot and then step forward on the left foot.
- 29      Kick the right foot forward
- 30      Kick the right foot forward again.
- 31      On the ball of the left foot, pivot ½ turn to the left as you kick your right foot behind.
- 32      Step on the right foot next to the left

**REPEAT**

---