

The Newfie Stomp

拍數: 60 牆數: 4 級數: Intermediate
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音樂: Doin' The Newfie Stomp - The Fables



WEAVE LEFT WITH HEEL JACK, WEAVE RIGHT WITH HEEL JACK

1-3 Cross step right over left, step left to side, cross step right behind left
&4 Step left to side, touch right heel diagonally forward right
&5 Step right beside left, cross step left over right
6-7 Step right to right side, cross step left behind right
&8 Step right beside left, touch left heel diagonally forward left

ROCK STEP, SHUFFLE ½ TURN BACKWARDS, ROCK STEP, SHUFFLE ½ TURN

&1-2 Step left beside right, rock forward on right, recover weight on left
3&4 Triple in place turning ½ right stepping right, left, right

Travel slightly back

5-6 Rock forward on left, recover weight on right
7&8 Triple in place turning ½ left stepping left, right, left

Travel slightly back

HEEL STRUTS X 4

1-2 Step forward with right heel, drop right toe to floor
3-4 Step forward with left heel, drop left toe to floor
5-6 Step forward with right heel, drop right toe to floor
7-8 Step forward with left heel, drop left toe to floor

JAZZ BOX TWICE

1-2 Cross step right over left, step left back
3-4 Step right to right side, step left beside right
5-6 Cross step right over left, step left back
7-8 Step right to right side, step left beside right

STOMP X 4, SHUFFLE RIGHT, BACK ROCK

1-4 Turn a full turn to the right while stomping in place right, left, right, left
5&6 Step right to side, step left beside right, step right to side
7-8 Rock left back, recover onto right

SHUFFLE LEFT, BACK ROCK, SHUFFLE FORWARD, STEP, ½ PIVOT

1&2 Step left to side, step right beside left, step left to side
3-4 Rock right back, recover onto left
5&6 Step forward on right, step left next to right, step forward on right
7-8 Step forward on left, turn ½ right (weight to right)

SHUFFLE FORWARD, STEP PIVOT ½ LEFT, ROCK, COASTER STEP

1&2 Step forward on left, step right next to left, step forward on left
3-4 Step forward on right, turn ½ left (weight to left)

Restart here on 6th wall

5-6 Rock forward on right, recover on left
7&8 Step back on right, step left next to right, step forward on right

Tag here on 5th wall and restart after tag on 5th wall

ROCK, COASTER ¼ TURN RIGHT

1-2 Rock forward on left, recover on right
3&4 Step back on left, turn $\frac{1}{4}$ right and step right next to left, step forward on left

REPEAT

TAG

On 5th wall, after count 56

1-2 Hold

RESTART

Restart on 5th wall, after tag

Restart on 6th wall, after count 52
