

New York, New York (Sitting Version)

COPPERKNOB
BY STEPHENETS

拍數: 16 牆數: 1 級數: ultra Beginner seated dance
編舞者: Unknown
音樂: New York, New York - Frank Sinatra



Adapted for sitting dancing by Suzanne Hoffmann

HEEL, TOGETHER, HEEL, TOGETHER

- 1 Touch left heel forward
- 2 Step left beside right
- 3 Touch right heel forward
- 4 Step right beside left

HEEL, TOGETHER, RIGHT SIDE ROCK

- 5 Touch left heel forward
- 6 Step left beside right
- 7 Lift right heel up and lean upper body to right side
- 8 Bring upper body back to original position

VINE RIGHT WITH HOP

- 1 Step right foot slightly to right side
- 2 Close left foot to right foot (feet together)
- 3 Step right foot to right side
- & Lift both heels from floor
- 4 Place them back down

VINE LEFT WITH HOP

- 5 Step left foot to left side
- 6 Close right foot to left foot (feet together)
- 7 Step left foot to left side
- & Lift both heels from floor
- 8 Place them back down

REPEAT
