

New Things West

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Neil Hale (USA)
音樂: We're Going to Ibiza! - Vengaboys



ROCK, RETURN, ROCK, RETURN, STEP, SCOOT, STEP, OUT, OUT, IN, IN, OUT, OUT, IN

1&2 Right rock forward, return weight left, right rock back
&3&4 Return weight left, right small step forward, right scoot back on right toe, left step next to right
5&6 Right step out to right side, left step out to left side, right step in to center
&7&8 Left step next to right, right step out to right side, left step

MIRROR ABOVE, ROCK, RETURN, ROCK, RETURN, STEP, SCOOT, STEP, OUT, OUT, IN, IN, OUT, OUT, IN

1&2 Left rock forward, return weight right, left rock back
&3&4 Return weight right, left small step forward, left scoot back on left toe, right step next to left
5&6 Left step out to left side, right step out to right side, left step in to center
&7&8 Right step next to left, left step out to left side, right step out to right side, left step in to center

STEP/HEEL POP, HEEL SWITCH/TURN (14 TIMES)

1 Step right heel to left instep and pop left heel up
&2 Pivot slightly to the left on toes and pop right heel up and drop left heel down, pivot slightly left on toes and pop left heel up and drop right heel down
&3-8 Repeat &2 six more times

You will complete ½ turn after 8 counts

MIRROR ABOVE EXCEPT FOR COUNT 1

1 Pivot slightly to the right on toes and pop right heel up and drop left heel down
&2 Pivot slightly to the right on toes and pop left heel up and drop right heel down, pivot slightly to the right on toes and pop right heel up and drop left heel down
&3-8 Repeat &2 six more times

You will complete ½ turn after 8 counts

Styling for the above 16 counts: upper arms are by sides of body and forearms are at 45 degree angle to sides and parallel to floor. Palms should be outstretched and angled upward

SAILOR SHUFFLE, SAILOR SHUFFLE, CROSS/UNWIND/LIFT, STEP, SCOOT, STEP, SCOOT, STEP, SCOOT

1&2 Right cross behind left, left step to left side, right step slightly right (body leans slightly right on 1&)
3&4 Left cross behind right, right step to right side, left step slightly left (body leans left on 3&)
5-6 Right cross behind left and unwind ½ turn right while left off floor, left step in place
&7&8& Left scoot back, step right back, right scoot back, step left back, left scoot back
1-8 Repeat above 8 counts

SHUFFLE, SCOOT, STEP, SCOOT, STEP, SCOOT, SHUFFLE, SCOOT, STEP, ½ PIVOT

1&2 Right small step forward, left step next to right, right small step forward
&3&4 Right scoot forward, left small step forward, left scoot forward, step right forward
&5&6 Right scoot forward, left small step forward, right step next to left, left small step forward
&7-8 Left scoot forward, right small step forward, pivot ½ turn left (ending with weight on left)
1-8 Repeat above 8 counts

REPEAT

