

New Strings

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Geri Morrison (UK)
音樂: New Strings - Miranda Lambert



¼ TURN LEFT SHUFFLE, STEP ¼ TURN, STEP ¼ TURN, SHUFFLE FORWARD, ¼ TURN SWAY LEFT, SWAY RIGHT

- 1&2 Make ¼ turn left shuffling forward left, right, left
3 Make a ¼ left, stepping right to right side pushing hip right, (6:00)
4 Make ¼ left stepping left forward, pushing hips (3:00)
5&6 Shuffle forward right, left, right
7 Make ¼ turn left stepping left to left side pushing hips left (12:00)
8 Step right to right side pushing hips to right side

CROSS ROCK LEFT, CROSS ROCK RIGHT, STEP BACK LEFT, HOLD, STEP AND CROSS ¼ TURN RIGHT

- 1&2 Cross left over right, recover weight on right, step left to left
3&4 Cross right over left, recover weight on left, step right to right
5-6 Step back on left, hold
7&8 Rock back on right, recover weight on left making ¼ turn right, cross right over left

POINT LEFT, POINT RIGHT, MONTEREY TURN, STEP ¼ TURN, ¾ TURN LEFT, CHASSE LEFT

- 1& Point left to left side, step left beside right
2& Point right to right side, step right to right side making ½ turn right
3-4 Point left to left side, make ¼ turn left on left
5 Make ½ turn left stepping right back (12:00)
6 ¼ left on ball of right foot
7&8 Chasse left (left, right, left) (9:00)

CROSS SIDE, SAILOR TURN, SHUFFLE FORWARD, ¾ HINGE TURN LEFT

- 1-2 Cross right over left, step left to left side
3&4 Sweep right behind left, make ¼ turn right stepping left side, recover weight on right
5&6 Left shuffle forward (left, right, left)
7-8 Step back on right making ½ turn left, make ¼ left stepping left to left side (3:00)

HEEL & TOUCH, KICK & TOUCH, SYNCOPATED WEAVE RIGHT

- 1&2 Touch right heel forward, step right in place, touch left toe behind right heel
& Step left in place
3&4 Kick right forward, step right in place, point left to left side
5&6 Cross left behind right, step right in place, cross left over right
& Step right in place
7&8 Cross left behind right, step right in place, step left to left

CROSS SIDE BEHIND, HEEL JACK, CROSS UNWIND FULL TURN, SIDE STEP RIGHT, DRAG LEFT

- 1-2 Cross right over left, step left to left side
3&4 Cross right behind, step left in place, touch right heel diagonally right
& Step right beside left
5-6 Cross left over right; unwind full turn right, (weight on left)
7-8 Step a large step right, drag left up to right (keep weight on right) (3:00)

Option:

- 5-6 Rock left over right, recover weight on right

7-8

Step left to left, big step right sliding left beside right

REPEAT
