

New Old Songs

拍數: 32 牆數: 4 級數:
編舞者: Simon Ward (AUS)
音樂: New Old Songs - Neal McCoy



- 1-2 Step forward right-left
3&4 Shuffle forward right-left-right (step right foot slightly out to right on count 4)
5&6 Sailor shuffle: step left behind right, step right to right side, step onto left at center
7&8 Sailor shuffle: step right behind left, step left to left side, step onto right at center
- 9-10 Rock/step left forward, rock/step right back turning a ½ turn left
11&12 Shuffle forward left-right-left
13-14 Brush ball of right forward, cross/step right over left
15&16 Coaster step: step left back, step right beside left, step left forward
- 17&18 Shuffle forward right-left-right
19-20 Step left forward, pivot ½ turn right on left bringing right foot back & touch beside left
21&22 Shuffle forward right-left-right
23-24 Step left forward, pivot ½ turn right on left bringing right foot back & touch beside left
- 25 Step right forward
26&27 Shuffle forward left-right-left
28-29 Cross/rock right over left, rock/step left back turning a ¼ turn right
30-31 Step onto right completing ¼ turn right, rock/step left forward
32& Rock/step right back, step left beside right

REPEAT
