New Mexico Cha Cha



拍數: 64 牆數: 4 級數:

編舞者: Terry Hogan (AUS)

音樂: Land of Enchantment - Michael Martin Murphey



1	Step left foot to the left side	
2	Rock weight to the right side onto right foot	
3	Rock to the left side, taking weight onto left foot	
& 4	Step left foot across in front of left	
4 5-6	Step left foot to the left side	
7&8	Step right foot backward, rock forward onto left Shuffle forward right-left-right	
700	Shalle lolward right-left-right	
9-10	Touch left toe to the left side, touch left toe beside right foot	
11&12	Shuffle forward left-right-left	
13-14	Touch right toe to the right side, touch right toe beside left foot	
15	Step forward on right foot	
16	On ball of foot make ½ pivot turn left stepping weight forward onto left foot	
17-18	Small step forward on right foot, rock weight back onto left foot	
19&20	Cha-cha right-left-right, moving slightly forward	
21-22	Small step forward on left foot, rock weight back onto right foot	
23&24	Cha-cha left-right-left moving slightly forward	
The above eight counts should be done will plenty of hip motion		
25-26	Step right foot to the right side raising left heel, drop left heel	
27	Step ball of right foot across behind left raising left heel	
28	Drop left heel	
&29	Repeat counts 25-26, but at double time-each move uses ½ beat only	
&30	Repeat counts 27-28, but at double time-each move uses ½ beat only	
The above moves also should involve hip moves or sways		
31	Step right foot to the right side	
32	With weight on right foot and leaving left foot in place make ¼ turn left	
33-34	Rock/step forward onto left foot, rock backward onto right	
35&36	Shuffle backward left-right-left	
37-38	Step backward on right foot, rock forward onto left	
39&40	Shuffle forward right-left-right	
&	Step ball of left foot forward at a diagonal leaving right foot in place	
41	Pushing with left foot replace weight over right foot making ¼ turn right	
&42	Repeat previous two counts (&41)	
You should have made a total of ½ turn right with this paddle turn		
43-52	Repeat entire sequence counts 33-42	
53	Step left foot to the left side	

Step right foot across behind left raising left heel Lower left heel, step right foot to the right side

The above moves use hip motion or sways

54

&	Step backward on ball of left foot
57	Step on ball of right foot beside left
58	Step forward on left foot
59-60	Slide right foot forward to touch right toes beside left foot, hold
61-62 63&64	Rock/step forward on right foot, rock backward onto left Making ½ turn right cha-cha in place right-left-right

REPEAT

The paddle turns (&41 etc) should be a combination of the forward shuffle move to make the turns flow-there is no pause between the two moves. The toe touches at the beginning of the dance should be gentle moves that flow or slide from one touch to the other, i.e. they should be audible taps or stomps.