New Jack Swing



拍數: 64 牆數: 4 級數: Intermediate/Advanced

編舞者: Deb Crew (CAN) & Steve Morrison (CAN)

音樂: If I Had No Loot - Tony! Toni! Toné!



If using the song "If I Had No Loot" start this dance after the first 16 beats of music (start on the 17th beat). The first *32 steps are done ONE TIME ONLY at the beginning of the dance. If using the song "No One Else On Earth" start this dance after the first 16 beats of music (start on the 17th beat). The first *16 steps are done ONE TIME ONLY at the beginning of the dance.

INTRO

1&2	One shuffle in	place: right left right

&3 Touch left toe into right instep, touch left heel forward

&4 Clap twice

5&6 One shuffle in place: left right left

&7 Touch right toe into left instep, touch right forward

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"If I Had No Loot" repeat intro. three more times (to make 32 steps) "No One Else On Earth" repeat intro. one more time (to make 16 steps)

MAIN DANCE

1-2

TOE ACROSS, DROP HEEL; TOE TO THE SIDE, DROP HEEL; ROCK-STEPS Step right toe over left foot, drop right heel & clap

1 4	Step right toe over left foot, drop right fleer a slap
3-4	Step left toe to left side, drop left heel & clap
5-6	Step right toe over left foot, drop right heel & clap
7-8	Rock side left on left, step in place on right
9-10	Step left toe over right foot, drop left heel & clap
11-12	Step right toe to right side, drop right heel & clap

13-14 Step left toe over right foot, drop left heel & clap 15-16 Rock side right on right, step in place on left

SYNCOPATED STEPS (VAUDEVILLE STEPS)

17	Step right over left
&18	Step back on left, touch right heel forward (weight on left)
&19	Step right foot home, step left over right (weight on left)
&20	Step back on right, touch left heel forward (weight on right)
&21	Step left foot home, step right over left (weight on right)
&22	Step back on left, touch right heel forward (weight on left)
&23	Step right foot home, step left over right (weight on left)
&24	Step back on right, touch left heel forward (weight on right)

KICK, KICK, COASTER-STEP

&25-26	Quickly shift weight to left foot, kick right forward twice
27&28	Step back on right, step left together with right, step forward right on right
29-30	Kick left foot forward twice
31&32	Step back left, step right together with left, step forward left on left

KICK-BALL-TOUCH; CROSS OVER, ½ TURN

33&34	Kick the right forward, step on ball of left foot, touch right toe to the side
35-36	Cross left over right, unwind by ½ turning right
37&38	Kick the right forward, step on ball of left foot touch right toe to the side

SIDE STEP, BUMP HIPS FORWARD, TOUCH, CLAP

Step side right bumping hips forward, bump hips forward again, (feet are apart) touch left 41-44

beside right, clap

45-48 Step side left bumping hips forward, bump hips forward again, (feet are apart) touch right

beside left, clap

1/2 VINE; POINT, STEP-TOUCHES, JAZZ BOX

Step side right on right, step left behind right, point and touch right toes to the side 49-51

&52 Step right home, point and touch left toes to left side &53 Step left home, touch and point right toes to right side

54-56 Step and cross right over left, step back left, step side right on right foot

1/2 VINE, POINT, STEP-TOUCHES, TURNING JAZZ BOX

57-59 Step side left on left, step right behind left, point and touch left toes to the side

&60 Step left home, touch and point right toes to the right side &61 Step right home, touch and point left toes to the left side

62-64 Step and cross left over right, step back right, ¼ turning to the left, step left together with right

(weight on left)

REPEAT