

# New Day (P)

COPPERKNOB  
STEPPERS

拍數: 66      牆數: 0      級數: Partner  
編舞者: Sylvia Priestley (UK)  
音樂: That's What Makes You Strong - The Judds



Partner: Position Closed Western, Man facing LOD. Lady's steps mirror man's except where indicated.  
Progressing toward LOD

## STEP, ROCK, SHUFFLE, WALK, WALK, SHUFFLE

1-2      **MAN:** Step back on left, rock forward on right  
          **LADY:** Step forward on right, rock back on left  
3&4      **MAN:** Left shuffle forward, left, right, left.  
          **LADY:** Right shuffle back, right, left, right  
5-6      **MAN:** Walk forward right, left.  
          **LADY:** Walk back on left, right  
7&8      **MAN:** Right shuffle forward, right, left, right.  
          **LADY:** Left shuffle back, left, right, left

## STEP, ROCK, SHUFFLE, STEP, ROCK, CHA-CHA

9-10      **MAN:** Step forward on left foot, rock back on right.  
          **LADY:** Step back on right, rock forward onto left  
11&12      **MAN:** Left shuffle back, left, right, left  
          **LADY:** Right shuffle forward, right, left, right  
**Release lady's left hand and passing right hand over man's head move lady behind man**  
13-14      **MAN:** Step back on right foot, rock forward on left  
          **LADY:** Walk forward left, right  
15&16      **MAN:** Right cha-cha-cha. (in place)  
          **LADY:** Left shuffle, turning ½ right

## STEP, ROCK, CHA-CHA, STEP, ROCK, SHUFFLE

17-18      **MAN:** Step forward on left foot, rock back on right.  
          **LADY:** Walk right, left  
19&20      **MAN:** Left cha-cha-cha (in place)  
          **LADY:** Right shuffle turning a further ½ right to face partner

## Dropping hands into closed western hold

21-22      **MAN:** Step back on right, rock forward on left  
          **LADY:** Step forward on left, rock back on right  
23&24      **MAN:** Right shuffle forward right, left, right.  
          **LADY:** Left shuffle back, left, right, left

## ¼ TURN, TOGETHER, SIDE CHASSE, ROCK, STEP, TURN ½ SHUFFLE

25-26      **MAN:** Turn ¼ on left foot, step right beside left (OLOD)  
          **LADY:** Turn ¼ on right foot, step left beside right (ILOD)  
27&28      **MAN:** Chasse to left on left right, left  
          **LADY:** Chasse to right on right, left, right  
29-30      **MAN:** Rock back on right, step forward on right  
          **LADY:** Rock back on left, step forward onto right

## Release mans right hand, lady's left hand

31&32      **MAN:** Turn ½ to left using right, left, right  
          **LADY:** Turn ½ to right using left, right, left

**Lady passes on man's left under man's left arm to face OLOD. Resume double open hand hold**

### **ROCK, STEP, CHASSE, ROCK, STEP, TURN ½ SHUFFLE**

- 33-34      **MAN:** Rock back on left, step forward on right  
            **LADY:** Rock back on right, step forward on left
- 35&36      **MAN:** Chasse to left on left, right, left  
            **LADY:** Chasse to right on right, left, right
- 37-38      **MAN:** Rock back on right, step forward on left  
            **LADY:** Rock back on left, step forward on right

#### **Release mans right hand, lady's left hand**

- 39&40      **MAN:** Turn ½ to left using right, left, right  
            **LADY:** Turn ½ to right using left, right, left

#### **Lady passes on man's left under man's left arm to face ILOD**

### **ROCK, STEP, SIDE CHASSE, SIDE, BEHIND, ¼ TURN & FORWARD SHUFFLE**

- 41-42      **MAN:** Step back on left, forward on right  
            **LADY:** Step back on right, rock forward on left
- 43-44      **MAN:** Step left to side left, step right behind left  
            **LADY:** Step right to side, step left behind right

#### **Promenade position lady's left hand in man's right hand**

- 45&46      **MAN:** Step forward ¼ turn left into left forward shuffle (left. Right, left)  
            **LADY:** Step forward ¼ turn right into right forward shuffle (right, left, right)
- 47-48      **MAN:** Step forward right, step forward left  
            **LADY:** Step forward left, step forward right

### **SHUFFLE FORWARD, ¼ TURN VINE, CHASSE, ROCK, STEP, TURN ½ SHUFFLE**

- 49&50      **MAN:** Right shuffle forward on right, left, right  
            **LADY:** Left shuffle forward on left, right, left
- 51-52      **MAN:** Step left ¼ turn on left foot, step right foot behind left  
            **LADY:** Step right ¼ turn on right foot, step left foot behind right

#### **Rejoin hands in double open hand**

- 53&54      **MAN:** Chasse to left on left, right, left  
            **LADY:** Chasse to right on right, left, right
- 55-56      **MAN:** Step back on right, rock forward on left  
            **LADY:** Step back on left, rock forward on right

#### **Release mans right hand, lady's left hand**

- 57&58      **MAN:** Turn ½ to left using right, left, right  
            **LADY:** Turn ½ to right using left, right, left

#### **Lady passes on man's left under man's left arm to face ILOD. Resume double open hand hold**

### **ROCK STEP, SIDE CHASSE, STEP, ROCK, ¼ TURN SHUFFLE.**

- 59-60      **MAN:** Step back on left, rock forward on right  
            **LADY:** Step back on right, rock forward on left
- 61&62      **MAN:** Chasse to left on left, right, left  
            **LADY:** Chasse to right on right, left, right
- 63-64      **MAN:** Step back on right, rock forward on left turning ¼ right (LOD)  
            **LADY:** Left step back. Rock forward onto right
- 65&66      **MAN:** Small shuffle back on right, left, right  
            **LADY:** Turning 1¼ to right, using left, right, left.

#### **Variation: turn a ¼ to right using left, right, left**

### **REPEAT**

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