

The New Dance

COPPER **KNOB**
BY STEPHEN

拍數: 26
編舞者: Unknown
音樂: Unknown

牆數: 4

級數:



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- 1 Left toe splits to left (put weight on left heel & ball of right, pivot left toes out while pivoting right heel in with bouncing motion).
- 2 Heel splits to center (pivot right heel out at same time pivot left heel in with bouncing motion).
- 3-4 Right toe splits to right (put weight on right heel & ball of left, pivot right toes out while pivoting left heel in with bouncing motion), heel splits to center (pivot left heel out while pivoting right toes in with bouncing motion).
- 5-8 Repeat steps 1-2 two more times.
- 9-12 Repeat steps 3-4 two more times.
- 13-16 Repeat steps 1-4
- 17-18 Touch right heel forward, touch right toe back.
- 19-20 Step right forward turning $\frac{1}{4}$ to right, touch left toe to left side.
- 21-22 Cross/step left in front of right, touch right toe to right side.
- 23-24 Cross/step right in front of left, step back left.
- 25-26 Step right next to left, hop forward with both feet (stomp).

REPEAT
