

New Clyde

拍數: 50 牆數: 2 級數:
編舞者: Unknown
音樂: Sparkle - Vince Gill



- 1& Touch right heel in front and lift left heel (same time), lower left heel
2-5& Repeat 4 more times touching heel back, front, back, front
6& Touch left heel in front and lift right heel (same time), lower right heel
7& Touch left heel front/diagonal and lift right heel (same time), lower right heel
8& Touch left heel to side and lift right heel (same time), lower right heel
9& Touch left heel in front and lift right heel (same time), lower right heel
10-13 Repeat 6&-9& but with right foot
- 14& Touch left heel crossed in back and lift right heel (same time), lower right heel
15& Bring left foot together touching toe first, then lowering the heel
16& Touch right heel crossed in back and lift left heel (same time), lower left heel
17 Bring right foot together with a stomp
18-21 Walk 4 steps in a circle to finish 1 wall (to the right) over from where you started walking
22& Touch right toe in front and lift left heel (same time), lower left heel
23-26& Repeat 4 more time, touching back, front, back, front
- 27& Touch left toe in front and lift right heel (same time), lower right heel
28-31& Repeat 4 more times, touching back, front, back, front
- 32& Touch right toe to the side and lift left heel (same time), lower left heel
33& Bring right foot in but forward, touch toe first, then heel
34-37& Repeat 32&-33& 2 more times with left foot, right foot.
- 38& Touch left toe to the side and lift right heel (same time), lower right heel
39& Bring left foot in but backward, touch toe first, then heel, snap fingers
40-42& Walk backward, touch toe first, then heel, snap fingers (3 steps right left right)
43-46 Repeat steps 14&-17
- 47-50 Walk 4 steps in a circle to finish 1 wall (to the right) over from where you started walking.

REPEAT

It takes two iterations of the dance to return to the wall you first started on. This dance is also great to do to fast, upbeat Cajun music (with lots of accordions and fiddles, along the lines of Mary Chapin Carpenter's Down at the Twist and Shout)