

A New Addiction

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 120 牆數: 4 級數: Intermediate/Advanced
編舞者: Belinda Pye
音樂: Livin' la Vida Loca - Ricky Martin



- 1-4 Step right forward on right diagonal bumping hips forward, step left back on left diagonal bumping hips back, step right back on right diagonal bumping hips back, step left forward on left diagonal bumping hips forward
- 5-8 Step right forward doing a ½ turn left, step down on left, walk forward right, left
- 1-2-3&4 Touch right back, body roll back taking weight on right, left coaster step (left back, right together, left forward)
- 5-8 Step right forward doing a ½ turn left, step down on left, step right into a large step forward on right diagonal, drag left to right
- 1-4 Touch left beside right, hitch left, step left shoulder width from right bumping hips left, bump hips right
- 5-8 Bump hips left, kick right into ¼ turn right, turn a further ½ turn right touching right toe forward on right diagonal turning body slightly to left, take weight on right
- 1-4 Touch left forward on left diagonal turning body slightly to right, step back on left, touch right forward on right diagonal turning body slightly to left, step back on right
- 5-8 Touch left forward on left diagonal turning body slightly to right, drag left to right for 2 counts, step left beside right
- 1-4 Walk forward right, left, touch right heel at a 95 degree angle to body, touch right toe at 95 degree angle to body
- 5-8 Tap left heel twice and on second tap turn body a ¼ turn right, step left into ½ turn right, step down on right
- 1-2&3-4 Step left forward, hold, bring right next to left, step left forward, step right shoulder width from left
- 5-8 Take weight on left, cross right over left, step left back, touch right heel to right side
- &1-2-3&4 Step onto right, kick left forward, turn a ½ turn right keeping weight on right, shuffle forward left, right, left
- 5-8 Touch right behind left, unwind ¾ turn right, raise right shoulder up, dropping right shoulder raise left shoulder
- 1-4 Step left to left side, cross right over left, step left to left side, kick right to right side
- 5-8 Step right into ¼ turn right, touch left toe next to right, step forward on left turn ½ turn right, touch right toe next to left
- 1-4 Walk forward right, left, step right into large step to right, drag left to right doing a ¼ turn right
- 5-8 Step left forward doing a ½ turn right, step down on right, step forward on left, hold
- 1-4 Step right forward doing a ½ turn left, step down on left, step forward on right, step left beside right
- 5-8 Jump stepping left to left side, jump crossing right over left, unwind ½ turn left, hold
- 1-2&3-4 Step left forward on left diagonal, clap, bring right next to left, step left forward staying on diagonal, clap

- 5-6-7&8 Step right forward, do ½ turn left keeping weight on right and staying on diagonal, left coaster step (left back, right together, left forward)
- 1-4 Step right forward staying on diagonal, body roll forward, step left into ¼ turn right, step behind left
- 5-8 Step left to side bumping hips left, bump hips right, bump hips left, touch right beside left
- 1-4 Still on diagonal touch right heel to right side, hook right heel to left knee, touch right heel to right side, flick right heel to right side
- 5-8 Cross right over left, touch left heel into ¼ turn left, hook left heel to right knee, step down on left
- 1-4 Kick right forward twice, step right into ¼ turn left staying on diagonal, touch left beside right
- 5-6-7&8 Step left into ½ turn left, touch right beside left, shuffle forward right, left, right
- 1-4 Rock forward on left, rock back on right, step left into ½ turn left straightening up, hold
- 5-8 Step right into ½ turn left, step left into ½ turn left, step right into ½ turn left, step right into ½ turn left

REPEAT

RESTART

Restart on wall 2 after count 112. You'll be up to the shuffle but instead of shuffling just do 2 walks (right, left)

Restart on wall 3 after count 72. You'll have just held for 1 count

Restart on wall 5 after count 32. You'll have just stepped left beside right
