Never Gonna (Stop)



拍數: 32 牆數: 4 級數: Improver

編舞者: Bryan McWherter (USA)

音樂: Music - Madonna



STEP, KICK BALL CHANGE, STEP, STEP, KICK BALL CHANGE, STEP

1 Step right foot forward

2&3 Kick left foot forward, touch ball of left foot together, step right foot in place

4-5 Step left foot forward, step right foot forward

6&7 Kick left foot forward, touch ball of left foot together, step right foot in place

8 Step left foot forward

ROCK, RECOVER, ½ STEP RIGHT, STEP, SHUFFLE FORWARD, ½ TURN, STEP

1-2 Rock forward on the right, recover weight back onto left
3-4 Step right foot ½ turn to right, step slightly forward onto left

Now facing 6:00 wall

5&6 Shuffle forward right, left, right

7&8 Step left forward, pivot ½ turn right taking weight onto right, step left slightly forward

Now facing 12:00 wall

SCUFF, HITCH, STOMP, SHOULDER MOVEMENTS

Scuff right forward, hitch right knee, stomp right forward and weight even on both feet

Push right shoulder down while lifting the left shoulder up, push left shoulder down while

lifting the right shoulder up

5-6 Push right shoulder down while lifting the left shoulder up, push left shoulder down while

lifting the right shoulder up

7-8 Push right shoulder down while lifting the left shoulder up, bring shoulders back into a normal

position

Body should naturally angle it's self at a 45 degree angle to the left

HEAD MOVEMENTS, SHOULDER MOVEMENTS, HEEL BOUNCES, COASTER STEP

1-2 Keeping shoulders and lower body still, look forward at a 45 degree angle to the left, look ¼ to left

Looking at 9:00 wall

3-4 Keeping head and lower body still move shoulders 1/8 to the left, move shoulders 1/4 to left

Shoulders and head now facing 9:00 wall

5-6 Keeping head and shoulders where they are bounce heels while making a 1/8 turn to the left,

bounce heels again making a 1/4 turn to the left

Now your full body should face the 9:00 wall

7&8 Step left foot back, step right foot next to left, step left foot forward

REPEAT