

Neutron Dance

COPPER KNOB
BY STEPHEN BATES

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Bill Bader (CAN)
音樂: Neutron Dance - The Pointer Sisters



SIDE, TOUCH, SIDE, TOUCH, SHUFFLE FORWARD, TOUCH, SIDE, TOUCH, SIDE, TOUCH, SHUFFLE BACK

- 1&2& Step right to right side, touch left toe beside right, step left to left side, touch right toe beside left
- 3&4& Right-left-right shuffle forward (step right forward, step left beside right, step right forward), touch left toe beside right
- 5&6& Step left to left side, touch right toe beside left, step right to right side, touch left toe beside right
- 7&8 Left-right-left shuffle back (step left back, step right beside left, step left back)

TURN ¼ RIGHT AND REPEAT ABOVE 8 COUNT

- 1&2& Step right back turning ¼ turn right, touch left toe beside right, step left to left side, touch right toe beside left
- 3&4& Right-left-right shuffle forward, touch left toe beside right
- 5&6& Step left to left side, touch right toe beside left, step right to right side, touch left toe beside right
- 7&8 Left-right-left shuffle back

TURN ¼ RIGHT FOR SIDE, CROSS, SIDE, CROSS, FULL CIRCLE LEFT 4 STEPS

- 1-2 Step right back turning ¼ right, cross step left over right
- 3-4 Step right to right side, cross step left over right
- 5-6 Step right to right side turning ¼ left, step left to left side turning ¼ left
- 7-8 Step right to right side turning ¼ left, step left to left side turning ¼ left

SIDE ROCK, ROLL HIPS, JAZZ BOX TURNING ¼ RIGHT

- 1-2 Swaying rock step right to right side, swaying rock step onto left
- 3-4 Roll hips to the left changing weight right, left
- 5-6 Cross step right over left, step left back
- 7-8 Step right back turning ¼ right, step left forward

FRONT ROCK, SIDE ROCK, BACK ROCK, TOGETHER-SIDE ROCK, JAZZ BOX TURNING ¼ LEFT

- 1& Rock step right forward, rock step onto left
- 2& Rock step right to right side, rock step onto left
- 3& Rock step right back, rock step onto left
- 4 Step right beside left
- &5 Rock step left to left side, rock step onto right
- 6 Cross step left over right
- 7-8 Step right back, step left to left side turning ¼ left

FRONT ROCK, SIDE ROCK, BACK ROCK, TOGETHER-SIDE ROCK, JAZZ BOX TURNING ¼ LEFT

- 1-8 Repeat previous 8 counts (33-40)

REPEAT

ENDING

If dancing to "Old Flames..." use the 2 "extra" counts after count 32 to return to the front wall

- &1 Turn ¼ right and step "out-out" on right-left with hands moving outward into "safe" position.

