

Needles And Pins

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bjarne Lund (DK)
音樂: Needles and Pins - Smokie



TOE STRUTS, PIVOT TURN, ½ TURN SHUFFLE

1-2 Touch right toes forward, lower right heel clicking fingers at right shoulder height
3-4 Touch left toes forward, lower left heel clicking fingers at left shoulder height
5-6 Step forward on right, pivot ½ turn over left shoulder ending weight on left
7&8 Turn ¼ left stepping right to right side, step left next to right, turn ¼ left right back

ROCK STEP, FORWARD SHUFFLE, TOE POINTS

1-2 Rock back on left, recover on to right
3&4 Step forward on left, step right next to left, step forward on left
5-6& Point right toe forward, point right toe to right side, step right beside left
7&8 Point left toe to left side, step left beside right, point right toe to right side

LEFT WEAVE, POINT, RIGHT WEAVE, POINT

1-2 Cross step right over left, step left to left side
3-4 Step right behind left, point left toe to left side
5-6 Cross step left over right, step right to right side
7-8 Step left behind right, point right toe to right side

LEFT WEAVE, ¼ TURN LEFT, PIVOT TURN TWICE

1-2 Cross step right over left, step left to left side
3-4 Step right behind left, turn ¼ left stepping left forward
5-6 Step forward on right, pivot ½ left ending weight on left
7-8 Step forward on right, pivot ½ left ending weight on left

REPEAT
