

Necessito Saber

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Violet Ray (USA)
音樂: I Need to Know - Marc Anthony



CROSS & SIDE STEPS TO LEFT, ROCK & ¼ TURN RIGHT (WITH CUBAN MOTION)

- 1 Cross right foot over left foot
- 2 Hold
- 3 Step to left on left foot
- & Cross right foot over left foot
- 4 Step to left on left foot
- 5 Cross right foot over left foot
- 6 Step to left on left foot
- 7 Cross right foot over left foot
- & Rock back on left foot
- 8 Turn ¼ turn to right on left foot and step forward on right foot (new direction)

LOCK-STEP FORWARD, OUT-OUT STEPS, ROCK FORWARD & BACK, ¼ TURN RIGHT & KICK, BALL-CROSS

- 1 Step forward on left foot
- 2 Cross right foot behind left foot (lock step)
- & Rock-step to left on left foot
- 3 Rock-step to right on right foot
- 4 Step forward on left foot
- 5 Rock forward on right foot
- 6 Rock back on left foot
- 7 Turn ¼ turn right on left foot and kick right foot forward
- & Step down on ball of right foot
- 8 Cross left foot over right foot

LATIN HIP SWAYS FORWARD & BACK, MERENGUE TURNS TO LEFT

- 1-2 Step forward on right foot at 45 degree angle to right and sway hips to right
- 3-4 Shift weight back to left foot and sway hips to left

These four counts should be continuous Cuban hip motion

- 5 Step forward on right foot
- 6 Turn ¼ turn to left
- 7 Step forward on right foot
- 8 Turn ¼ turn to left

These four counts should be continuous Cuban hip motion

"CUBAN" WALKS FORWARD, ROCK FORWARD & BACK, ¼ TURN RIGHT, "CUBAN" WALKS FORWARD, ROCK FORWARD & BACK

- 1 Step forward on ball of right foot (with foot and knee slightly turned in)
- 2 Step forward on ball of left foot (with foot and knee slightly turned in)
- 3 Step forward on right foot
- & Rock back on left foot
- 4 Turn ¼ turn to right and step forward on right foot
- 5 Step forward on ball of left foot (with foot and knee slightly turned in)
- 6 Step forward on ball of right foot (with foot and knee slightly turned in)
- 7 Step forward on left foot
- & Rock back on right foot

8

Step left foot beside right foot

REPEAT
