

# The Nature Of It

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Raunchy Rachel (UK)  
音樂: Steam - Vanessa Amorosi



## ROCK & KICK CROSS, POINT OUT IN OUT, SAILOR ¼, HITCH ¼ TWICE

- 1&2&      Rock right out to right side, recover on left, kick right foot forward, cross step right over left  
3&4      Point left toe out to left side, touch left toe next to right, point left toe out to left side  
5&6      Step left behind right starting to make a ¼ turn to the left, step right out to right side completing the ¼ turn left, step left foot in place  
&7&8      Hitch right knee, touch right out to right side making a ¼ turn left, hitch right knee, touch right out to right side making another ¼ turn left

## CROSS ROCK STEP, CROSS UNWIND, HIP SWAYS, CHASSE LEFT

- 1&2      Cross rock right over left then recover onto left foot and step right to right side  
3-4      Cross left foot over right and unwind ½ turn over right shoulder keeping weight on right foot  
5-6      Sway hips to the left and then to the right  
7&8      Step left to left side, step right next to left, step left to left side

## CROSS & HEEL & CROSS & HEEL (TRAVEL BACK), CROSS UNWIND ½, KICK BACK, BACK

- 1&2&      Cross step right over left, step back on left foot, dig right heel diagonally to the right, step onto right foot  
3&4&      Cross step left over right, step back on right foot, dig left heel diagonally to the left, step onto left foot  
5-6      Cross right over left and unwind ½ turn left keeping weight on left foot  
7&8      Kick right foot forward, jump back onto right then step left foot beside right

## STEP TOE & SWEEP STEP, TOUCH, ROCK & TURN, FULL TURN

- 1&2      Step forward right, touch left toe behind right foot, step back onto left foot  
&3      Sweep right foot out to right side and sweep behind left foot  
&4      Step onto right foot and touch left toe in front of right foot  
5&6      Rock left to left side, recover weight onto right foot making a ¼ turn right, step forward left  
7-8      Make a full turn traveling forward over left shoulder stepping right, left (or walk forward right, left)

## REPEAT

## TAG

After wall 7 add a four count tag then begin dance again

- 1-2&      Rock right out to right side, recover weight onto left, step right next to left  
3-4&      Rock left out to left side, recover weight onto right, step left next to right