

Nathalie

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Marie Miller (USA)
音樂: You Make Me Lie - Natalie Cole



ANGLE, TWIST, ANGLE, TWIST

- 1-2 Step left foot to left side (placing left foot towards 10 o'clock), slide right foot to left as you swivel left heel back to center (weight on right)
- 3-4 Step left foot to left side (placing left foot towards 10 o'clock), slide right foot to left as you swivel left heel back to center (weight on left)
- 5-6 Step right foot to right side (placing right foot towards 2 o'clock), slide left foot to right as you swivel right heel back to center (weight on left)
- 7-8 Step right foot to right side (placing right foot towards 2 o'clock), slide left foot to right as you swivel right heel back to center (weight on left)

Hitchhiker hand/arm styling in the above: as you step on angle to left, move left hand from hip area out to left side (thumb will be pointing back). While twisting feet, fan left hand to front of body. Repeat hitchhiker on each angle-twist using left hand when moving to left & right hand when moving to right

3 RIGHT KICK-BALL-CHANGES MOVING FORWARD, CROSS, TURN

- 9&10 Kick right foot forward & step down on ball of right foot, step forward on left foot
- 11&12 Repeat 9&10
- 13&14 Repeat 9&10
- 15-16& Cross right foot over to left side of left foot, with weight on balls of both feet unwind ½ turn left as you drop down by bending knees & move hips to right

HIPS, LEFT, RIGHT, LEFT, RIGHT, TOUCH, PIVOT, TOUCH, PIVOT

- 17-18 Move hips left, right
- 19-20 Move hips left, right as you gradually return to standing position
- 21-22 Step forward on ball of left foot, pivot ¼ turn right (weight on right foot)
- 23-24 Step forward on ball of left foot, pivot ¼ turn right (weight on right foot)

JAZZ BOX PATTERNS MOVING BACK WITH ¼ TURN RIGHT ON SECOND JAZZ BOX

- 25-26 Cross left foot across in front of right foot, step back on right foot
- 27-28 Step left foot to side of right foot, brush right foot forward
- 29-30 Cross right foot across in front of left foot, step back on left foot
- 31-32 Step right foot ¼ turn right and slightly back, brush left foot forward

REPEAT
