Mystery Of Life

級數: Beginner

編舞者: Unknown

拍數: 64

音樂: One Of The Mysteries Of Life - George Burns

SHUFFLE FORWARD AND BACK

- 1-4 Right foot forward, left foot next to right foot, right foot forward, hold
- 5-8 Left foot forward, right foot next to left foot, left foot forward, hold
- 1-4 Right foot back, left foot next to right foot, right foot back, hold
- 5-8 Left foot back, right foot next to left foot, left foot back, hold

SIDE TOUCHES

Travel slightly forward doing next steps

- 1-4 Right foot to side, left foot touch next to right foot, left foot to side, right foot touch next to left foot
- 5-8 Right foot to side, left foot touch next to right foot, left foot to side, right foot touch next to left foot

MERENGUE OR CHASSE'

Make a 1⁄4 right turn and do side steps to the right towards back wall

1-8 Right foot to side, left foot next to right foot, right foot to side, left foot next to right foot, right foot side, left foot next to right foot, right foot side, left foot touch next to right foot

SIDE TOUCHES

Travel slightly forward doing next step facing front wall

- 1-4 Left foot to side, right foot touch next to left foot, right foot to side, left foot touch next to right foot
- 5-8 Left foot to side, right foot touch next to left foot, right foot to side, left foot touch next to right foot

MERENGUE OR CHASSE'

Make a 1⁄4 left turn and do side steps to the left towards back wall

1-8 Left foot to side, right foot next to left foot, left foot to side, right foot next to left foot, left foot to side, right foot next to left foot, left foot to side, right foot to left foot

POLKA STEPS FORWARD FACING FRONT WALL

- 1&2-3&4 Right foot forward, left foot together, right foot forward, left foot forward, right foot together, left foot forward
- 5&6-7&8 Right foot forward, left foot together, right foot forward, left foot forward, right foot together, left foot forward

BACK AND TOUCH

- 1-4 Right foot back, left foot touch at 9:00, left foot back, right foot touch at 3:00
- 5-8 Right foot back, left foot touch at 9:00, left foot back, right foot touch at 3:00

REPEAT





牆數:1

数:1