

# My, My, My, My, My Boogie Shoes

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate contra dance  
編舞者: Ron Kline (USA)  
音樂: Boogie Shoes - KC and the Sunshine Band



Position: Allow room for lines to cross

## SYNCOPATED STEPS AND HOLDS

- &1 Step right foot forward, step left foot next to right
- 2-4 Hold foot position, bobbing up and down slightly for these 3 counts
- &5 Step right foot forward, step left foot next to right
- 6-8 Hold foot position, bobbing up and down slightly for these 3 counts

## KICKS AND SAILOR SHUFFLES

- 1-2 Shift weight to right foot and kick left foot forward, kick left foot forward diagonal left
- 3&4 Cross step left foot behind right, step on ball of right foot to right side, step left foot in place
- 5-6 Kick right foot forward, kick right foot forward diagonal right
- 7&8 Cross step right foot behind left, step on ball of left foot to left side, step right foot in place

## STEP, BUMPS, BACK, TOGETHER, FORWARD, TOGETHER

- 1-2 Step left foot on a forward left diagonal bending slightly at waist with left shoulder slightly forward and hips to right side, keeping feet in place, bump hips to left
- 3-4 Bump hips to right, bump hips to left (optional body rolls may be used for these steps)
- 5-6 Bump hips to right as you step back on left foot, bump hips to left as you step right foot back next to left foot
- 7-8 Bump hips to right as you step left foot forward, bump hips to left as you step right foot forward next to left foot

## STEP, BUMPS, BACK, TOGETHER, FORWARD, PREP

- 1-2 Step left foot on a forward left diagonal bending slightly at waist with left shoulder slightly forward and hips to right side, keeping feet in place, bump hips to left
- 3-4 Bump hips to right, bump hips to left (optional body rolls may be used for these steps)
- 5-6 Bump hips to right as you step back on left foot, bump hips to left as you step right foot back next to left foot
- 7-8 Bump hips to right as you step left foot forward, step right foot slightly ahead of left foot prepping toe to right

## 1 ½ TURN TO THE RIGHT TRAVELING FORWARD, COASTER STEP

- 1-2 Pivot ¼ to the right on ball of right foot stepping left foot to left side, hold
- 3-4 Pivot ½ to the right on ball of left foot stepping right foot to right side, hold
- 5-6 Pivot ½ to the right on ball of right foot stepping left foot to left side, hold
- 7&8 Pivot ¼ to the right on ball of left foot stepping back on ball of right foot, step on ball of left foot next to right foot, step right foot forward

## STEPS, CLAPS, UNWIND, TURN

- 1-2 Step left foot forward diagonal left, hold/clap
- 3-4 Step left foot back diagonal left, hold/clap
- 5-6 Touch left toe behind right heel, unwind legs ½ to the left stepping onto left foot
- 7-8 Step right foot forward, pivot ½ to the left shifting weight to left foot

REPEAT

