

# My Women

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kate Valentin (DK)  
音樂: Trashy Women - Confederate Railroad



## WEAVE LEFT, CROSS, BACK, SHUFFLE ¼ TURN RIGHT

1-4      Cross right over left, step left to left side, cross right behind left, step left to left side  
5-6      Cross right over left, step back on left  
7&8      Step forward right making ¼ turn right, close left beside right, step forward right

## ROCK STEP, BACK, POINT, CROSS, POINT, CROSS, POINT

1-2      Rock forward on left, rock back on right  
3-4      Step back on left, point right toe diagonally back right  
5-6      Cross right over left, point left toe to left side  
7-8      Cross left over right, point right toe to right side

## JAZZ BOX ¼ TURN RIGHT, JAZZ BOX

1-4      Cross right over left, step back on left, step right ¼ turn right, step left beside right  
5-8      Cross right over left, step back on left, step right to right side, close left beside right

## HEEL STEPS, STEP, TOGETHER, HEEL GRIND ¼ TURN RIGHT, STEP, TOGETHER

1-2      Step forward on right heel, step forward on left heel  
3-4      Step right foot back in place, step left next to right  
5      Step forward on right heel, turned right toe towards diagonally left  
6      Twist (on heel) right toe ¼ right, in the same time step back on left foot  
7-8      Step right foot next to left, step left foot in place

## REPEAT

## OPTIONAL ENDING

The dance ends at section 2 count 7, facing the music, crossing left over right

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