

My Wish

COPPER **KNOB**
BY STEPHENETS

拍數: 0
編舞者: Ronald "RONNIE" Grabs (DE)
音樂: My Wish - Rascal Flatts

牆數: 2

級數: Phrased Advanced - NC



Sequence: AB, AC, AAD, AAA

PART A:

CROSS ROCK, 1-½ LEFT, SIDE, BEHIND, CROSS, STEP ¼ TURN LEFT, 2X CHAINE 1-¾ RIGHT, SIDE

- 1 Turn body slightly left and cross rock on left foot diagonally forward (1:30, face 12:00) with bent knee
- 2& Recover weight on right foot, turn ¼ to left (face 9:00) and step forward on left foot
- 3& Turn ½ to left (face 3:00) stepping back on right foot, turn ½ to left (face 9:00) stepping forward on left foot
- 4 Turn ¼ to left (face 6:00) stepping right side on to right foot
- 5& Step left foot behind right foot (3rd), cross right foot in front of left foot
- 6-7 Turn ¼ to left (face 3:00) stepping forward on left foot, step forward on right foot
- &8 (Chaine) turn ¼ to right stepping left foot next to right foot, turn ¾ to right stepping slightly forward on right foot
- &1 (Chaine) turn ¼ to right stepping left foot next to right foot, turn ½ to right (face 12:00) step to right side on right foot

CROSS ROCK, SIDE, CROSS ROCK, FORWARD LOCK-STEP, CROSS-UNWIND RIGHT, FOUETTÉ

- 2 Turn body slightly left and cross rock on left foot diagonally forward (1:30, face 12:00) with bent knee
- &3 Recover weight on right foot, step left side on left foot
- 4& Turn body slightly right and cross rock on right foot diagonally forward (11:30, face 12:00) with bent knee, recover weight on left foot
- 5&6 Step forward on right foot, lock left foot behind right foot, step forward on right foot
- 7-8 Cross left foot in front of right foot, with weight on left foot take full turn right and sweep right foot back
- 1 Bring right foot next to left foot and turn full right and sweep right foot back (fouetté)

BEHIND, ROLLING VINE LEFT, CROSS ROCK, DIAGONALLY WALKS BACK INTO ¾ TURN LEFT

- 2 Cross right foot behind left foot
- &3& Turn ¼ left (face 9:00) stepping forward on left foot, turn ½ left (face 3:00) stepping back on right foot, turn ¼ left (face 12:00) stepping left side on left foot
- 4-5 Turn body slightly right and cross rock on right foot diagonally forward (11:30, face 12:00) with bent knee, recover weight on left foot and turn 1/8 left (face 11:30)
- 6&7 Step right foot back (4:30), step left foot back (4:30), step right foot back (4:30)
- &8& Turn 1/8 left (face 9:00) stepping left side on left foot, turn ¼ left (face 6:00) stepping forward on right foot, turn ¼ left (face 3:00) crossing left foot in front of right foot

SIDE, ROCK BEHIND, ¼ LEFT, STEP-½ LEFT-STEP, STEP-TURN RIGHT-STEP, WALK DIAGONAL FORWARD

- 1-2& Step right side on right foot, step left foot behind right foot (3rd), cross right foot in front of left foot
- 3 Turn ¼ left (face 12:00) stepping forward on left foot
- 4&5 Step forward right foot, turn ½ left stepping left foot, step forward right foot
- 6&7 Step forward left foot, turn fully right on left foot, step forward right foot
- 8& Step left foot forward and slightly to right (7:00) (face 6:00), step right foot diagonally forward and to right (7:30) (face 6:00)

PART B:

CROSS ROCK, 3/8 TURN LEFT, CROSS ROCK, 1/4 TURN LEFT, BACK ROCK, WALK 1/4 TURN LEFT

- 1 Turn body slightly left and cross rock on left foot diagonally forward (1:30, face 12:00) with bent knee
- 2&3 Recover weight on right foot, turn 1/4 left (face 9:00) stepping left side on left foot, turn 1/8 left (face 7:30) and turn body slightly right and cross rock on right foot diagonally forward with bent knee
- 4&5 Recover weight on left foot, turn 1/4 left (face 4:30) stepping back on right foot, turn body slightly right and back cross rock (4:30) on left foot diagonally back
- 6-7-8 Turn 1/8 left (face 3:00) stepping forward on right foot, turn 1/8 left (face 1:30) stepping forward on left foot, step forward on right foot (1:30),

PART C:

STEP, HOLD-HOLD, FULL SPIRAL RIGHT, STEP

- 1-2-3 Step forward on left foot, hold position over 2 counts
- 4& Turn fully right on left foot, step forward right and the end of turn

PART D:

CROSS ROCK, HOLD, DIAGONAL FALLAWAY

- 1 Turn body slightly left and cross rock on left foot diagonally forward (1:30, face 12:00) with bent knee
- 2 Hold position
- 3 Recover weight on right foot
- 4&5 Turn 1/4 left (face 9:00) stepping left side on left foot, cross step right foot over left foot, step left side on left foot
- 6&7 Turn 1/8 right (face 10:30) stepping back on right foot, step back on left foot, turn 1/8 right (face 12:00) stepping right side on right foot
- 8&1 Turn 1/8 right (face 1:30) stepping forward on left foot, step forward right foot, turn 1/8 right (face 3:00) stepping left side on left foot

DIAGONAL FALLAWAY, CROSS ROCK, SIDE, CROSS ROCK, SIDE

- 2&3 Turn 1/8 right (face 4:30) stepping back on right foot, step left foot back, turn 1/8 right (face 6:00) stepping right side on right foot
- 4&5 Turn body slightly left and cross rock on left foot diagonally forward (7:30, face 6:00) with bent knee, recover weight on right foot, step left side on left foot
- 6&7 Turn body slightly right and cross rock on right foot diagonally forward (4:30, face 6:00) with bent knee, recover weight on left foot, step right side on right foot

FORWARD ROCK 1/2 TURN LEFT, CROSS WALKS FORWARD

- 8& Rock forward on left foot, recover weight on right foot turning 1/2 left (face 12:00)
 - 1-2 Cross walk forward on left foot, cross walk forward on right foot
 - 3-4 Cross walk forward on left foot, cross walk forward on right foot
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