

# My Way!

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Chris Williams (UK)  
音樂: Are You Gonna Go My Way - Tom Jones & Robbie Williams



The choreographer was age 15 when this dance was written.

## WEAVES, ROCK TURN & FORWARD BODY ROLL

- 1&2      Cross right over left. Step left to left side. Cross right behind left
- 3&4      Step left to left side. Cross right over left. Step left to left side
- 5-6      Cross rock right over left. Recover onto left
- 7      Step back on right turning  $\frac{1}{2}$  turn over right shoulder
- 8      Roll body forward on right foot over 1 count

## SNAKE ROLLS, LEFT SLIDE & SCOOT BACK

- 1-2      Roll body to left over 2 counts
- 3-4      Roll body to right over 2 counts
- 5-6      Step left to left side. Slide right up to it
- 7&8      Step down on left turning  $\frac{1}{4}$  turn right. Scoot back on left twice

## SLIDE BACK WITH LOOKS AND HAND & SHOULDER MOVEMENTS

- 1-2      Step back on right. Slide left up to it
- 3      Look up & to left, touching left shoulder with right hand
- 4      Sweep hand across body & move head down and across so that right hand is down by right side and head is looking down and right
- 5      Step left out to left side, dipping left shoulder and raising right
- &6      Raise left shoulder and dip right. Raise right shoulder and dip left
- 7      Step left beside right, raising left shoulder and dipping right
- &8      Raise right shoulder and dip left. Raise left shoulder and dip right

## SLIDE BACK WITH LOOKS, HAND MOVEMENTS AND ROCKS

- 1-2      Step forward on right. Slide left up to it
- 3      Look up & to right, touching right shoulder with left hand
- 4      Sweep hand across body & move head down and across so that left hand is down by left side and head is looking down and left
- 5&      Rock forward on right. Recover onto left
- 6&      Rock to right on right. Recover onto left
- 7&      Rock back on right. Recover onto left
- 8      Touch right beside left

## WALKS BACK, TURN, STOMP & KNEE POPS

- &1      Lift right off floor swiveling heels out. Step down on right swiveling heels in & clicking fingers out to side
- &2      Lift left off floor swiveling heels out. Step down on left swiveling heels in & clicking fingers inwards
- &3      Lift right off floor swiveling heels out. Step right down swiveling heels in & clicking finger out to side
- &4      Lift left off floor swiveling heels out. Step down on left swiveling heels in and clicking fingers inwards
- &      Pivot  $\frac{1}{4}$  turn left on left foot. Stepping down on right
- 5      Stomp left slightly apart from right
- 6      Hold for 1 count

7-8 Pop right knee in toward left. Pop left knee in toward right

### **SLIDES & TURN WITH CROSS TOUCHES**

1-3 Step right to right side. Slide left up to right. Step right to right side  
4 Pivot  $\frac{1}{2}$  turn left on ball of right stepping down on left  
5 Pivot  $\frac{1}{2}$  turn left on ball of left stepping down on right  
&6 Cross left behind right. Touch right to right side  
7-8 Cross right over left. Touch left to left side

### **CROSS TURN, SIDE SHUFFLE AND VINE**

1-2 Cross left over right. Unwind  $\frac{1}{4}$  turn right  
3&4 Step right out to right side. Slide left up to right. Step right to right side  
5-8 Cross left over right. Step right to right side. Cross left behind right. Step right to right side and slightly back

### **SYNCOPATED SHUFFLES FORWARD, STOMP, SAILOR**

1& Step forward left. Slide right up to it  
2& Step forward left. Slide right up to it  
3&4 Step forward left. Stomp right heel beside left twice  
5&6 Sailor step right behind left  
7-8 Sweep left behind right. Sweep left back beside right

**REPEAT**

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