

My Way!

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Chris Williams (UK)
音樂: Are You Gonna Go My Way - Tom Jones & Robbie Williams



The choreographer was age 15 when this dance was written.

WEAVES, ROCK TURN & FORWARD BODY ROLL

- 1&2 Cross right over left. Step left to left side. Cross right behind left
- 3&4 Step left to left side. Cross right over left. Step left to left side
- 5-6 Cross rock right over left. Recover onto left
- 7 Step back on right turning $\frac{1}{2}$ turn over right shoulder
- 8 Roll body forward on right foot over 1 count

SNAKE ROLLS, LEFT SLIDE & SCOOT BACK

- 1-2 Roll body to left over 2 counts
- 3-4 Roll body to right over 2 counts
- 5-6 Step left to left side. Slide right up to it
- 7&8 Step down on left turning $\frac{1}{4}$ turn right. Scoot back on left twice

SLIDE BACK WITH LOOKS AND HAND & SHOULDER MOVEMENTS

- 1-2 Step back on right. Slide left up to it
- 3 Look up & to left, touching left shoulder with right hand
- 4 Sweep hand across body & move head down and across so that right hand is down by right side and head is looking down and right
- 5 Step left out to left side, dipping left shoulder and raising right
- &6 Raise left shoulder and dip right. Raise right shoulder and dip left
- 7 Step left beside right, raising left shoulder and dipping right
- &8 Raise right shoulder and dip left. Raise left shoulder and dip right

SLIDE BACK WITH LOOKS, HAND MOVEMENTS AND ROCKS

- 1-2 Step forward on right. Slide left up to it
- 3 Look up & to right, touching right shoulder with left hand
- 4 Sweep hand across body & move head down and across so that left hand is down by left side and head is looking down and left
- 5& Rock forward on right. Recover onto left
- 6& Rock to right on right. Recover onto left
- 7& Rock back on right. Recover onto left
- 8 Touch right beside left

WALKS BACK, TURN, STOMP & KNEE POPS

- &1 Lift right off floor swiveling heels out. Step down on right swiveling heels in & clicking fingers out to side
- &2 Lift left off floor swiveling heels out. Step down on left swiveling heels in & clicking fingers inwards
- &3 Lift right off floor swiveling heels out. Step right down swiveling heels in & clicking finger out to side
- &4 Lift left off floor swiveling heels out. Step down on left swiveling heels in and clicking fingers inwards
- & Pivot $\frac{1}{4}$ turn left on left foot. Stepping down on right
- 5 Stomp left slightly apart from right
- 6 Hold for 1 count

7-8 Pop right knee in toward left. Pop left knee in toward right

SLIDES & TURN WITH CROSS TOUCHES

1-3 Step right to right side. Slide left up to right. Step right to right side

4 Pivot ½ turn left on ball of right stepping down on left

5 Pivot ½ turn left on ball of left stepping down on right

&6 Cross left behind right. Touch right to right side

7-8 Cross right over left. Touch left to left side

CROSS TURN, SIDE SHUFFLE AND VINE

1-2 Cross left over right. Unwind ¼ turn right

3&4 Step right out to right side. Slide left up to right. Step right to right side

5-8 Cross left over right. Step right to right side. Cross left behind right. Step right to right side and slightly back

SYNCOPATED SHUFFLES FORWARD, STOMP, SAILOR

1& Step forward left. Slide right up to it

2& Step forward left. Slide right up to it

3&4 Step forward left. Stomp right heel beside left twice

5&6 Sailor step right behind left

7-8 Sweep left behind right. Sweep left back beside right

REPEAT
