

My Way Or No Way

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Jan Wyllie (AUS)
音樂: My Way Or No Way At All! - T J Dennis & the Wham Bam Thank You Band



1-2 Step right toe forward and towards right diagonal, drop right heel
3-4 Step left toe to left side, drop left heel
5-8 Step right toe forward to center, drop right heel, step left toe beside right, drop left heel

9-10- Step right toe forward and towards right diagonal, drop right heel
11-12 Step left toe to left side, drop left heel
13-16 Step right toe forward to center, drop right heel, step left toe beside right, drop left heel

The above 16 counts of toe struts move slightly forward

17&18 Right leg kick ball change
19-20 Step forward on right, hold
21&22 Left leg kick ball change
23-24 Step forward on left, hold

25-26 Rock/step forward on right, rock back on left
27&28 Shuffle back right, left, right
29-30 Making ¼ turn left rock/step left to left side, rock weight to right
31-32 Stomp left beside right, hold

33-34 Touch right heel forward, touch right toe across left foot
35-36 Touch right heel forward, turn right toe in and hitch right (heel is out)
37-38 Rock/step forward on right, rock back on left
39-40 Step back on right, hold

41-42 Touch left heel forward, touch left toe across right foot
43-44 Touch left heel forward, turn left toe in and hitch left (heel is out)
45-46 Rock/step forward on left, rock back on right
47-48 Step back on left, hold

49-52 Step back on right, lock left in front of right, step back on right, kick left forward
53-56 Step forward on left, touch right behind left, step back on right, kick left forward

57-60 Step forward on left, lock right behind left, step forward on left, scuff right forward
61-62 Step forward on right, pivot ¼ left transferring weight to left
63-64 Stamp right, stamp left

REPEAT

TAG

On the 3rd wall, at count 32, you will need to stand still for 4 counts before continuing the dance.