

# My Waltz

拍數: 48      牆數: 1      級數: Improver  
編舞者: Phil Dennington (UK)  
音樂: The Last Waltz - Engelbert Humperdinck



## SIDE TOGETHER, FORWARD, BACK MODIFIED TWINKLES

1-2-3      Step left to left, step right beside left, step forward left

4-5-6      Turning ½ left step back right, step back left, step back right

**If the turn on count 4 is always ½, the dance ends up being 1 wall. If it changes from wall to wall as ½, ¼, ½, ¼, ½, ¼, ¼, it becomes a 4 wall dance.**

7-8-9      Step forward left, turning ½ left step back right, step back left

10-11-12      Step back right, step forward left, turning ½ left step back right

## ½ TURN, FORWARD ROCK, BACK CROSS, (SPIRAL ¼ TURN RIGHT TWICE)

1-2-3      Turning ½ left step forward left, rock forward right in place left

4-5-6      Step back right, cross step left over right, step back right

7-8-9      Step left to left, cross step right over left, turning ¼ right step back left

10-11      Turning ¼ right step right to right side, cross rock left over right

12      Rock right in place

## (SPIRAL ¼ TURN RIGHT TWICE) LEFT GRAPEVINE, TOUCH

1-2-3      Step left to left, cross step right over left, turning ¼ right step back left

4-5-6      Turning ¼ right step right to right, cross rock left over right, rock right in place

7-8-9      Step left to left, cross step right over left, step left to left side

10-11-12      Cross step right be-hind left, step left long step left, touch right be-side left

## SIDE TOUCH, HOLD, SLOW BACK COASTER, FORWARD LUNGE, BACK, CROSS

1-2-3      Step right long step right, step left be-side right (taking weight.) Hold

4-5-6      Step back right, step left be-side right, step forward right

7-8-9      Step forward left, lunge forward right, rock back left in place

10-11      Step back right, step back left

12      Cross step right over left

REPEAT