

My Story

拍數: 32 牆數: 4 級數: Improver
編舞者: Nic Bartlam (UK)
音樂: That's My Story - Collin Raye



KICK, KICK, SAILOR STEP, BEHIND, SIDE, IN FRONT, SIDE

- 1-2 Kick right foot forward, kick right foot to right side
- 3&4 Step right foot behind left, step left foot to left side, step right foot to right side
- 5-6 Step left foot behind right, step right foot to right side
- 7-8 Step left foot in front of right, step right to right side (weight stays on right)

TURNING SHUFFLE, TURNING SHUFFLE, ½ TURN, STEP, ½ TURN, SCUFF

- 1&2 Step left foot to left side, close right foot to left, turn ¼ turn left stepping forward on left
- 3&4 Turn ¼ turn left stepping right foot to right side, close left to right, turn ¼ turn left stepping right foot back
- 5 Turn ½ turn left stepping forward on left foot
- 6 Step forward on right foot
- 7 Turn ½ turn left stepping forward on left foot
- 8 Scuff right foot forward

FORWARD LEFT SHUFFLE, FORWARD RIGHT SHUFFLE, TURNING SHUFFLE, BACK ROCK

- 1&2 Step forward on right foot, close left foot to right, step left foot forward
- 3&4 Step forward on left foot, close right foot to left, step left foot forward
- 5&6 Step forward on right foot, close left foot to right, turn ¼ turn left stepping right foot to right side
- 7-8 Rock back on left, replace weight back on to right foot

POINT, STEP BACK, POINT, STEP BACK, SIDE ROCK, BEHIND, SIDE, TURN

- 1&2 Point left foot forward, hitch left knee up, step back on left foot
- 3&4 Point right foot forward, hitch right knee up, step back on right foot
- 5-6 Rock left to left side, replace weight back on to right foot
- 7&8 Step left foot behind right, step right foot to right side, turn ¼ turn right stepping left foot forward

REPEAT
