

My Son, Mr. Mom

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Barb Addeo (USA)
音樂: Mr. Mom - Lonestar



FORWARD STEP, LOCK, STEP SCUFFS TWICE

1-4 Right steps forward, lock left behind right, step right forward, left scuff forward
5-8 Left steps forward, lock right behind left, step left forward, right scuff forward

FORWARD KICKS, CROSSING TOE HEEL STRUTS (PROGRESSING SLIGHTLY BACKWARDS)

1-2 Kick right foot forward twice (low kicks)
3-4 Cross right over left and touch right toe, put right heel down
5-6 Touch left toe to back, put left heel down
7-8 Touch right toe to back, put right heel down

CROSS OVER, POINT, RIGHT ½ TURNING SHUFFLE

1-2 Cross left over right, hold
3-4 Point right toe to right side, hold
5-8 Make a ½ turn to the right, stepping right, left, right, hold

SLOW CHARLESTON STEP

1-2 Step forward on left, hold
3-4 Kick right forward, hold
5-6 Step back on right, hold
7-8 Touch left toe back, step left next to right

HEEL SWITCHES WITH CLAPS

1& Right heel touches forward, right steps together
2& Left heel touches forward, left steps together
3 Right heel touches forward
&4 Clap, clap

SYNCOPATED WEAVE TO THE RIGHT, CROSSING SHUFFLE

& Step right together
5 Cross left over right
&6 Right steps to right side, left crosses behind right
& Right steps to right side
7&8 Left crosses in front of right, right steps to right side, left crosses in front of right

SIDE ROCK RECOVER ¼ TURN LEFT, SHUFFLE FORWARD

1-2 Right rocks to right side, recover on left as you make a ¼ turn left
3&4 Shuffle forward right, left, right

¾ TRIPLE TURN TO RIGHT, ½ TURN PIVOT TO LEFT

5&6 Triple ¾ right, stepping left, right, left
7-8 Step forward on right, pivot ½ turn to the left

REPEAT

RESTART

As you begin the dance the 3rd time (you will be facing the front wall), dance only up to count 20 (the hold count after pointing to the side), then restart the dance from the beginning. This is done only once

This dance is dedicated to my son John.
