

My Significant Other

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate west coast swing
編舞者: Michael Thompson (USA) & Elizabeth Allison (USA)
音樂: You're My Better Half - Keith Urban



STEP, SWEEP WITH ½ TURN, SHUFFLE, TRIPLE IN PLACE, 2 WALKS BACK

- 1-2-3&4 Step left foot forward, turning ½ turn left on ball of left foot, sweep right foot in a ronde, keeping weight on left foot, shuffle forward right, left, right
5&6-7-8 Bring left foot forward, triple in place left, right, left, walk back right, walk back left

SAILOR STEP, ½ TURNING SAILOR STEP, CROSS ROCK, CHASSE RIGHT

- 9&10 Cross right foot behind left, step left foot to left side, step right foot to right side
11&12 Turning on ball of right foot ½ turn left, cross left foot behind right, step right foot to right side, step left foot to left side
13-14-15&16 Cross rock right foot over left, recover weight back onto left, shuffle/chasse to right: right, left, right

CROSS ROCK, LEFT COASTER, KICK-BALL-STEP WITH A PREP, 2 ½ STEP TURN

- 17-18-19&20 Cross rock left foot over right, recover weight back onto right, step left foot back, step right foot next to left, step left foot forward
21&22 Kick right foot forward, place right ball of foot behind left and take weight to the ball, change weight to left foot and begin to turn ¼ by stepping left foot forward as a prep
23&24 Turning ½ turn left on ball of left foot, step right foot back, turning ½ turn left on ball of right foot, step left foot forward

¼ SHUFFLE, ROCK, RECOVER, TOUCH BEHIND, ½ TURN, STEP, SHUFFLE

- 25&26 Turning ¼ turn left on ball of left foot, shuffle forward right, left, right
27-28 Rock forward onto left foot, recover weight back to right foot
29-30 Touch left foot back, pivot ½ turn left on balls of both feet with weight ending forward on left
31&32 Step right foot forward, step left foot forward, step right foot next to left

Count 1 at the beginning of the dance ends the shuffle for counts 8&1 at the end of the dance, so step forward on the right foot for count 7, shuffle forward left, right, left for 8&1, and go right into the sweep for count 2

REPEAT

TAG

During the 10th wall, do the chasse/shuffle to right, then tap left heel forward at the right diagonal, then tap left toe back at the left diagonal, then continue with the dance, starting with the left cross rock, recover, left coaster step