

My Seniorita

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Selina Molyneux (UK)
音樂: My Seniorita - Waylander



SIDE ROCKS, CROSSING SHUFFLE, SIDE STEP, CLAP & SIDE STEP, CLAP

1 Rock right to right side
2 Rock weight onto left in place
3&4 Cross right over left, step left to left side, cross right over left
5 Step left to left side
6 Clap
&7 Step right beside left, step left to left side
8 Clap

TOE TOUCHES, CROSS, UNWIND ½ TURN RIGHT, STEP 1/8 PIVOT LEFT TWICE

9& Touch right toe to right side, step right beside left
10 Touch left toe to left side
11 Cross left over right
12 Unwind ½ turn right
13 Step forward right
14 Pivot 1/8 turn left
15 Step forward right
16 Pivot 1/8 turn left

HEEL SWITCHES & ROCK STEPS, LEADING RIGHT & LEFT

17& Touch right heel forward, step right beside left
18& Touch left heel forward, step left beside right
19 Rock forward on right
20 Rock weight back onto left in place
&20 Step right beside left, touch left heel forward
&22 Step left beside right, touch right heel forward
&23 Step right beside left, rock forward on left
24 Rock weight back onto right in place

HEEL JACKS TWICE, ¾ TURN LEFT

25& Cross left behind right, step right to right side
26 Touch left heel diagonally forward left
&27 Step left beside right, cross right over left
&28 Step left to left side, touch right heel diagonally forward right
& Turning left on ball of left, hitch right knee
29 Touch right to right side
& Turning left on ball of left, hitch right knee
30 Touch right to right side
& Turning left on ball of left, hitch right knee
31 Touch right to right side
& Turning left on ball of left, hitch right knee
32 Touch right to right side

The last 4 counts complete ¾ turn left

REPEAT

