

My Rainbow (P)

COPPER **KNOB**
BY STEPHEN MILES

拍數: 32 牆數: 0 級數: Partner
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: Rock At The End Of My Rainbow - Heather Myles



Position: Right side by side position. Same footwork
Start on the word "rock". I found a "rock"

ROCKS, SCUFF; ROCKS, SCUFF

1-4 Rock right forward, rock left back, rock right forward, scuff left
5-8 Rock left forward, rock right back, rock left forward scuff right

STEP, HOLD, ½ PIVOT LEFT, HOLD; TWICE

Let go left hands, raise right hands

1-4 Step right forward, hold, pivot ½ turn left, hold
5-8 Step right forward, hold, pivot ½ turn left, hold

Rejoin left hands, right side by side position again

CROSS ROCK, SIDE, HOLD; CROSS ROCK, SIDE, HOLD

1-2 Cross rock right over left, recover weight onto left
3-4 Step right to right side, hold
5-6 Cross rock left over right, recover weight onto right
7-8 Step left to left side, hold

STEP, LOCK, STEP, SCUFF; STEP, LOCK, STEP, SCUFF

1-4 Step right forward, lock left behind right, step right forward, scuff left
5-8 Step left forward, lock right behind left, step left forward, scuff right

REPEAT

For 4 wall line dance, change the second ½ pivot turn into ¼ pivot turn
